

IslandSunNews.com



FREE Take Me Home

Vol. 15, No. 41

From the Beaches to the River District downtown Fort Myers

OCTOBER 14, 2016



Leguna Pueblo by Sue Pink

image courtesy FMBAA

Fort Myers Beach Art Association Exhibit Open To The Public

he first member art show of the season for the Fort Myers Beach Art Association (FMBAA) opened Thursday, October 13 and runs through Thursday, November 3. It

is open to the public during gallery hours with no admission charge.

The assocation also announced that beginning watercolor instructor Sue Pink received the 2016 Carol Ann Sherman Memorial Award for her work titled Leguna Pueblo. This piece will be on display in the show as part of the 45th annual Florida Watercolor Society Exhibition held at the College of Central Florida-CF Webber Gallery in Ocala.

Pink will offer two beginning watercolor class series November 9 through December 19 and January 9 through February 20. Go to www.fortmyersbeachart.com/workshops.php

The gallery is open daily October 12 through mid-April. Hours are 10 a.m. to 3 p.m. Monday through Saturday. The gallery is located at 3030 Shell Mound Boulevard, one mile south of the Matanzas Bridge.

For more information, visit fortmyersbeachart.com, call 463-3909 or email Pam Flaherty at fmbaapublicity@gmail.com.\\

Festival Showcases Short Films



A scene from Video

photo courtesy FSW

Norida SouthWestern State College (FSW) will host the Black Maria Film Festival, back for its 35th anniversary tour, at 7:30 p.m. on Saturday, October 22 at the FSW Thomas Edison Campus, Rush Library Auditorium, Building J, Room 103. Tickets are \$10 for the general public, \$8 for members of the Edison Ford Estates and \$5 for FSW students and faculty. Tickets can be purchased at the door, cash only.

Founded in New Jersey in 1981 to honor Thomas Edison's pioneering spirit in cinema, the festival celebrates contemporary independent directors by showcasing short films. The collection travels across the nation to universities, museums and other

The Academy of Motion Picture Arts and Sciences recognizes the Black Maria Film Festival as an Academy Award-qualifying festival. Organizers work directly with host institutions to select a variety of short narrative, experimental animation and documentary films that are tailored to their particular audience.

This year's featured films were chosen by students in the National Society of Collegiate Scholars," said Dr. Wendy Chase, program coordinator, FSW Honors Scholar Program. "They selected these particular films in hopes that they will provide a platform to engage in meaningful and civil conversations about pressing issues of social justice. The students will facilitate a discussion following the screening.

Proceeds benefit the Santa Julia Women's Coffee Cooperative in Managua,

continued on page 20

Tickets On Sale For Disco Ball

ickets are now on sale for the 28th annual Arts for ACT Gala and Fine Arts Auction, to be held at Harborside Event Center on Saturday, October 29 from 5 to 10 p.m.

The evening, presented by Bill Smith Appliances and Electronics, benefits Abuse Counseling and Treatment, Inc. (ACT), a nonprofit which provides protection, education and support for victims of domestic violence and their children, survivors of sexual assault, and human trafficking in Lee, Hendry and Glades counties.

Tickets are \$150 each and \$1,500 for a reserved table of eight, which can be purchased by visiting artsforactfineartauction.com or calling 939-2553.

This year's theme takes on a whole new soundtrack for party goers, featuring a discotheque, upscale buffet, live continued on page 4



image courtesy ACT

Political Jabs At Lab Theater

by Di Saggau

alk about a timely production. Laboratory Theater of Florida's The Best Man, by Gore Vidal, centers on two presidential candidates vying for the endorsement of the former president. The script is laced with dark humor and desperation as the two candidates, former Secretary of State Bill Russell (John E. Repa), and Senator Joe Cantwell (Paul Graffy), battle to the wire for their party's nomination. I was amazed at how a play written almost 60 years ago could be so relevant today. Both candidates mirror qualities we have seen before and are even seeing today. The casting and acting are exceptional.

When the play opened in 1960, it was known that it was written as a deliberate parallel of the upcoming 1960 Democratic

Convention, and a scathing attack on the Kennedys whom Vidal detested, and also something of a tribute to Adlai Stevenson who Vidal admired. Russell is an homage to Stevenson, and Cantwell represents Vidal's view of Kennedy. The dialogue is witty, with satire and surprises, along with

worldly wisdom. Michael Hennessey, who plays former president Art Hockstader, when discussing political power, tells Russell, "To want power is corruption already." Russell is a wit and scholar with high liberal principles, and a roving eye for the opposite sex. Cantwell is a ruthless and hard-driving young man who will let nothing stand in the way of his ambitions. Hockstader loves politics and admires a rough-and-tumble battle more than a chivalrous one. He is determined to have the final say in the selection of his party's candidate. He thoroughly enjoys playfully dangling his critical endorsement like a solid gold carrot.

Cantwell gets hold of papers indicating continued on page 31

Historic Downtown Fort Myers, Then And Now:

Jones Restaurant



by Gerri Reaves, PhD

'ones Restaurant on Anderson Avenue, pictured circa-1960, wasn't remarkable for its building or décor – or probably even for its food.

However, like many eateries that open and close over the years, it served up basic food that was no doubt appreciated, and hosted more than a few convivial meetings over a cup of coffee.

The "Home of Good Food," as the sign reads, accommodated roughly 40 customers, with 14 of the seats at the counter.

Based on the list displayed in the window, the menu was standard fare and as simple as the building's concrete-block design what some people would now call comfort food: chicken, sea-

food, steaks and chops.

The location was perhaps its best asset: the busy intersection where Anderson (since renamed Dr. Martin Luther King, Jr. Boulevard) converged with Central Avenue and Thompson and Lee streets, a high-traffic spot with lots of busy people needing to grab a quick meal.

It was certainly convenient for the firemen just next door at the Central Fire Station. The firemen frequented it," said Genevieve Smith Bowen, whose father, Reace Smith, was a longtime member of the Fort Myers Fire Department.

In the early 1950s, the restaurant had been Jack's Café, and later in the decade, R&I Lunch. Not long before the photo was taken, it became Jones Restaurant.

But even as the photo was snapped, plans were under way to change the landscape on which it stood.

The News-Press already had bought the land in preparation for building on a large parcel extending down to Royal Palm Avenue.

The paper's printing facilities already were located on the large parcel -- on Royal Palm Avenue, set far back from Anderson, where a railroad spur delivered gigantic rolls of newsprint.

In 1965, The News-Press's new buildings would open fully.



The former restaurant site is now part of The News-Press complex. The fire station, soon to be vacated, is on the far right. photo by Gerri Reaves

Jones Restaurant stayed in business for a few more years, but the newspaper eventually expanded its facilities and the eatery went the way of history.

The restaurant wasn't the only thing that disappeared. So did the early 20th century one-story houses on the east side. One is visible on the left edge of the 1960 photo. Several members of the Jeffcott family lived along that block of Anderson for much of the 20th century.

Today, only the neighboring Central Fire Station remains much the same as it was in 1960.

But even that structure, home to the fire department since the mid-1950s, will be vacated soon, when the department moves to its new station on Jackson Street. (That 1950s station had replaced the town's first modern fire department, built in the same location in 1915.)

Walk down to the intersection where fire alarms, train whistles, and traffic have kept things lively for more than century.

Then find out more about the intersection's history at the following places.

The Southwest Florida Historical Society's research center is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Be sure to check out the Lee County Black History Society research center at 1936 Henderson Avenue and the nearby Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For information, call 332-8778 or visit leecountyblackhistorysociety.org

Sources: Archives of the Southwest Florida Historical Soci-



Jones Restaurant served basic home-cooking on Anderson Avenue (now MLK, Jr. Boulevard). Soon after this photo was taken, The News-Press built on the site. The large live oaks behind the restaurant vanished with the restaurant and residences. photo courtesy Southwest Florida Historical Society

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- Duplex
- Short Distance To Shops

Fort Myers Art: Theater Shines



by Tom Hall

or the inaugural SoCo event on Saturday night, Theatre Conspiracy staged a two-actor vignette called Ferris Wheel. In this 10-minute interlude, a young woman takes a ride

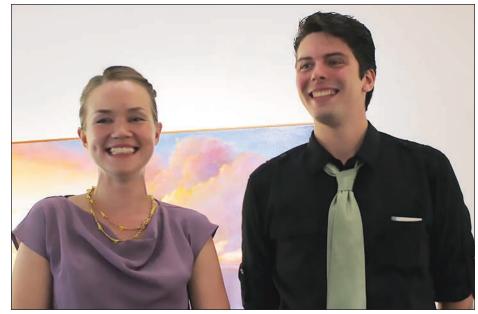
on a ferris wheel on her birthday each year in order to force herself to confront her fear of heights and do something that's way out of her comfort zone. A young man she's never met before takes the seat beside her and must confront his own issues when she asks him not to light up a cigarette as they wait at the top of wheel for new passengers to be loaded on way below them.

Acting newcomer Marta Sand played the role of the young woman, and Juan Alejandro portrayed the young man. Both appeared this summer in supporting roles in Lab Theater's production of Michael Hollinger's An Empty Plate at the Café du Grand Boeuf. While that play was Marta's first in Southwest Florida, Alejandro has been busy. Other acting credits include Septimus Hodge in Theatre Conspiracy's 2015 production of Arcadia, Patrick Chibas in Spinning into Butter, Steve Grimes in Good

People at the Naples Players, and Percy Bysshe Shelley in Bloody Poetry at the FGCU Theatre Lab. But his progress and development in just the past year has been remarkable. From Ty in last December's Laboratory Theater 24-Hour Playwriting Project winner, The Bird Flew, to Theatre Conspiracy's production of Kayak in January, where he played the part of Peter Iversen alongside Lauren Drexler and Alex Holmes, and March's production of Arsenic & Old Lace at the Centers for Performing Arts Bonita Springs, Alejandro has demonstrated steady growth in his acting skills. Sand also possesses formidable acting chops, and she will certainly become a mainstay in Southwest Florida community theater in the years to come.

Staged in the cozy confines of the Foulds Theater lobby, it was a very believable and quite charming exchange that provided viewers with an up close and personal taste of the quality, contemporary plays produced by Theatre Conspiracy throughout the season. Theatre Conspiracy's remaining shows for the 2016-17 season are:

- The Taming by Lauren Gunderson; opens October 14
- The Country Wife by William Wycherley; opens December 1
- 33 Variations by Moises Kaufman; opens January 20
- Ma Rainey's Black Bottom by August Wilson; opens February 24
- Nice T!ts, written by and starring Amy Marcs, for four performances spanning March 17 to 19
- The Cave by local author Jeffery Lindsay (Darkly Dreaming Dexter and



Marta Sand and Juan Alejandro starred in Ferris Wheel

photos courtesy www.artswfl

Dearly Devoted Dexter); opening March

• The New Play Contest Winner; opening May 5

Individual tickets to each show are \$24 or \$11 for students with proper ID. Season subscription packages are also available. Buy all nine shows for \$153 (\$17 per ticket) or eight shows for \$144 (\$18 per ticket) or seven shows for \$133 (\$19 per ticket) or six shows for \$120 (\$20 a ticket) or five shows for \$110 (\$22 per ticket).

Tickets can be purchased by calling Theatre Conspiracy's box office at 936-3239 or at theatreconspiracy.org

Theatre Conspiracy is a 501(c)3 non-profit Florida corporation headed by Producing Artistic Director Bill Taylor. Funding is derived from ticket sales, advertising sales and donations. During its 23 years it has been described as "innovative, exciting, daring," and "a treasured member of the area's theatrical community.

City Issued Franchise To First Electric Plant 119 Years Ago

On October 9, 1897, Fort Myers issued a franchise to Albertus A. Gardner's Seminole Canning Company to generate and supply electricity to residents for their homes and businesses and to the city for streetlights. The townspeople paid 35 cents for each 16-candlepower light per week and used a little more than half of the company's output, with the Royal Palm Hotel consuming the remainder of the available electrical power.

According to historian Karl Grismer, "the revenue of the light company was less than \$70 a week by the end of January, 1898, but Gardner was so encouraged by the way residents were ordering service connections that he contracted for another 50-horsepower boiler and 640-light dynamo.'

Gardner ran the electric company until February 28, 1913 when he sold the concern for \$104,000 to Engineering & Securities of New York, which changed the name to Southern Utilities. Florida Power & Light Co. purchased the power plant in 1925 and has operated it ever

Tom Hall is both an amateur artist

and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.☆

Theater Seeks Volunteers

he Laboratory Theater of Florida seeks volunteer ushers and other front-of-house assistance for its productions. There will be a volunteer orientation on Saturday, October 15 at 3 p.m. at the theater, located at 1634 Woodford Avenue in Fort Myers.

In addition to seeing the show for free, the theater is introducing some volunteer incentives and special thank-you events.

Send an email to FOH@ laboratorytheaterflorida.com to confirm your attendance.☆

From page 1

Disco Ball

entertainment from the original Studio 54 Band, cash bar, and a fine art and luxury item auction. The cocktail hour offers a silent auction where guests can mobile bid as well as sip a signature drink from the Wicked Dolphin Rum Distillery.

Disco Ball guests are encouraged to wear platform shoes and 1970s-themed, semi-formal attire. For the right look, go no further than the Second ACT Thrift Store located at 12519 South Cleveland Avenue in Fort Myers or the Arts for ACT Gallery at 2265 First Street in Fort Myers for maxi dresses, mini dresses, polyester button ups, bell bottoms and other items.

The live auction, led by Scott Robertson, features luxury excursions, hotel stays and art donated by Sherry Rohl, Jan Ellen Atkielski, David Belling and Christine Reichow.

For more information, contact Jennifer Benton, chief executive officer, via email jbenton@actabuse.com or visit actabuse.

Harborside Event Center is located at 1375 Monroe Street in downtown Fort Myers.₩







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Funds From Snow Day Benefit ACT



A little one getting up close with some pretty big characters

photos courtesy Pediatric Dentistry of Fort Myers

Pediatric Dentistry of Fort Myers' 2nd annual Snow Day, held October 1, raised more than \$15,000 for Abuse Counseling & Treatment (ACT), Inc.

The fundraiser shed light on Domestic Violence Awareness Month.

"We're pleased to have created such a unique event that's not only fun, but brings awareness to everyday problems those in our community face," said Jeffrey Shafer, Snow Day Committee co-chair. "Without the support of our presenting sponsor, Apothicare 360, this event wouldn't have been possible, and we greatly thank them for all their help."



Children of all ages came out to play in the snow



Snowball fights were a hit with the kids







6

Relay For Life Kick-Off Party

The Fort Myers Relay for Life organizational kick-off party is set for Tuesday, October 18 from 6 to 8:30 p.m. at Edison Restaurant, located at 3583 McGregor Boulevard in south Forth Myers.

There will be food, refreshments and prizes throughout the evening. The party is open to members of existing relay teams, people who want to find out how to form or join a team, or anyone in the community that wants to find out more about the role and activities of Relay for Life. There are no sign-up fees for teams this year, so all money raised goes directly to Relay for Life.

This year's theme is Be a Super Hero in Our Fight Against Cancer. Relay for Life is made up entirely of volunteers working as teams or individuals. Relay holds a variety of fund raisers throughout the year, culminating in the Relay Celebration festival, which will be held in April at Lakes Park.

This is the 22nd year for Relay for Life in Lee County. Last year, the Fort Myers Relay organization raised nearly \$158,000. All money raised locally stays in Lee County, except for a small allocation which is contributed to national research.

For more information, call Sara Applegate at 719-660-6649 or email sapplegate 5200@gmail.com.

Festival Of Trees Seeking Sponsors

Planning is under way for the 10th annual Festival of Trees, a holiday tradition at the Sidney & Berne Davis Art Center in downtown Fort Myers. The festival opens on November 30 and runs through December 4, with Santa's Block Party and Brunch scheduled for Saturday, December 3.

About two dozen uniquely decorated trees, valued between \$400 and \$1,200, will be displayed during the festival. Attendees can purchase raffle tickets to win one of the adorned trees.

"Event marketing is a great way

to promote your business. We have a limited number of trees so reserve your spot early," said Susan Hegarty, Goodwill's community relations coordinator.

Tree Sponsor information can be found online at www.Goodwilltrees.com or by contacting Hegarty at 652-1613 or susanhegarty@goodwillswfl.org.

For more information about Goodwill Industries of Southwest Florida, visit

www.goodwillswfl.org.
Proceeds go to the Southwest Florida
Goodwill Foundation, in support of
Goodwill Industries of Southwest Florida
Inc., a 501(c)3 nonprofit organization
serving Collier, Lee, Charlotte, Hendry
and Glades counties.

Homeless Coalition Challenge

The Lee County Homeless
Coalition encourages the
community to take the Homeless
Challenge during Hunger and
Homelessness Awareness Month,
November 2016, to generate increased
community awareness for those living
on the streets in Lee County.

The Lee County Homeless Challenge serves as an educational program that focuses on developing personal awareness about the realities of homelessness. The coalition will sponsor several events during Hunger and Homelessness Awareness Month to promote awareness in the community and to encourage support for homeless assistance service providers.

Recommendations from the Lee County Homeless Coalition include collecting or donating non-perishable food or clothing, volunteering to serve meals at Lee County feeding sites, volunteering professional services to provide aid to the homeless, asking your employer or school to host or sponsor a fundraising event, or donating funds to a non-profit shelter, food pantry or FPL's Care To Share program.

The 2016 Homeless Challenge will take place on Saturday, November 12 from 10 a.m. until 8 p.m. During this event, participants will become familiar

with the social services network and methods of everyday survival for those who live on the streets. This challenge will provide participants with an experience that has the power to effect change.

To help or learn more, contact Janet Bartos, executive director of the Lee County Homeless Coalition, at 322-6600 or visit www.leehomeless.org.

Republican Women's Club To Meet

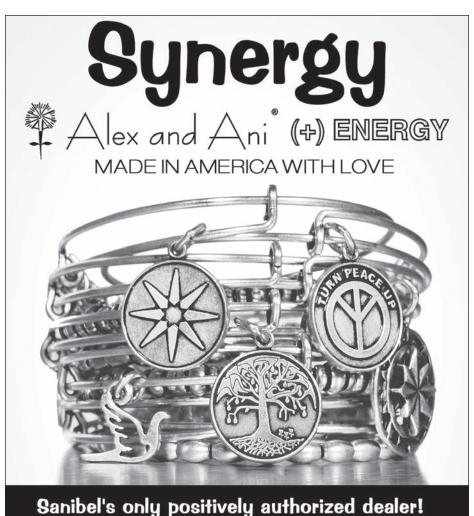
re you familiar with the referendums that will appear on the November general election ballot? The pros and cons of these statewide issues will be discussed at the monthly luncheon of the Fort Myers Republican Women's Club on Tuesday, October 18.

Both sides will be presented by political consultant Joseph Mazurkiewicz. The audience is encouraged to ask questions.

The public is welcome to attend the luncheon and program, held at The Helm Club, The Landings, 4425 South Landings Driv in South Fort Myers.

A social hour begins at 11:15 a.m., with the noon lunch, business meeting and program to follow. The luncheon is \$18. Call Tina Laurie at 489-4701 to make a reservation by Thursday, October 13. For additional information, call Carole Green at 850-590-2206.





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Dark Art Exhibit

The Sidney and Berne Davis Art Center (SBDAC) and Pushing Daizies have partnered to bring the Dark Art – A Decade of Dark group show to Southwest Florida. This year marks the 10-year anniversary for Dark Art. More than 25 artists are featured. The exhibit is on view through October 28 at the Sidney & Berne Davis Art Center, located at 2301 First Street in the historic downtown Fort Myers River District.

The Dark Art group show was created by Janet DeMarco, founder of Pushing Daizies, Inc., a collection of local artists and creative individuals who give their time and offer their creative skills to the community. For more information, visit Pushingdaizies.org.

Pushingdaizies.org.
SDDAC gallery hours are
Monday through Friday from 9
a.m. to 5 p.m. Admission is free
but donations accepted.



Artwork by Danielle Branchaud

images courtesy SBDAC

Strange Arrangement will perform a concert on Friday, October 28 from 8 p.m. to 11 p.m. Visit www.sbdac.com for more information.

Festival Of Light Recognized

The International Festivals & Events Association (IFEA) recognized the Edison Festival of Light on September 27 during the IFEA/Haas & Wilkerson Pinnacle Awards Ceremony held at the IFEA's 61st annual Convention & Expo in Tucson, Arizona.

The Edison Festival of Light, Southwest Florida's largest and longest running festival was recognized with a total of four prestigious IFEA/Haas & Wilkerson Pinnacle Awards. The awards included:

- First/Gold for Best Educational Program, STEMtastic Day of Discovery, presented in conjunction with the Foundation for Lee County Public Schools
 - Second/Silver for Best Media Relations Campaign
 - Third/Bronze for Best Individual Sponsor Follow-up Report
 - Third/Bronze for Best Outdoor Billboard.

The IFEA/Haas & Wilkerson Pinnacle Awards Competition recognizes the outstanding accomplishments and top quality creative, promotional, operational and community outreach programs and materials produced by festivals and events around the world. Awards were handed out in 68 different categories. The IFEA's professional competition draws entries by the world's top festivals and events from countries including the United States, Australia, Canada, South Korea, United Arab Emirates, Netherlands, Poland and more; and from cities across the United States.

OBITUARY

MARY ELLEN BOYNTON CHURCHILL

ary Ellen Churchill, 90, of Shell Point, Fort Myers; formerly of Menlo Park, California and Easton, Massachusetts passed away on Monday, September 19, 2016. She was born on June 12, 1926 in Mansfield, Massachusetts to Charles T. and Mary (Tucker) Boynton.

Beloved wife of the late Warren L. Churchill, who died in 2008, she was also preceded in death by her oldest son Alan Boynton Churchill, who passed in 2005; and three sisters: Ruth Roderick, Edith Sullivan and Clara Wilson. She is survived by three children: Daniel W. (Jean) Churchill of Jensen Beach, Florida, Diana L. Churchill of Hilton Head, South Carolina and Kenneth L. (Shirley) Churchill of Frisco, Texas; and eight grandchildren:

Raija, Spencer, Manus, Lovie, Karis, Isaac, Abi and Zefan; beloved brother Edwin F. (Mary) Boynton and many nieces and nephews.

She and her husband of 52 years owned and operated Churchill Real Estate and Insurance agency in Brockton, Massachusetts before retiring in 1997.

Mary Ellen was a member of Sanibel Community Church, where she was a Stephen Minister and LOGOS volunteer. She also served as a volunteer at the Shell Point Pavilion.

A funeral and memorial service will be held on Saturday, October 29 at 10:30 a.m. at the Sanibel Community Church Chapel, 1740 Periwinkle Way on Sanibel. In lieu of flowers, donations in memory of her may be made to Sanibel Community Church Missions, 1740 Periwinkle Way, Sanibel, FL 33957.



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15101 Shell Point Boulevard • Fort Myers, Florida 33908 Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc.

Along The River

Tappy Hour returns to the **Bell Tower Shops** this Friday, October 14 from 6

Bring out your furry friend for the Halloween pet costume contest and support the Gulf Coast Humane Society (GCHS). With a \$5 entry fee, you have a chance to win first, second or third prize. The first 25 entries will be judged for the best costumes. FOX 4 Morning Blend co-host Courtney Perna will emcee the event. Judges includes FOX 4 Morning Blend co-host Stephanie Summers, Lee County Commissioner Cecil Pendergrass and GCHS Executive Director Jennifer Galloway.

The Women's Council of Realtors in Fort Myers will have a pet holiday photo shoot available with offerings of three pet photos, one of each season (Halloween, Thanksgiving and Winter Holiday) for \$100, or pick one for \$40.

Proceeds will be donated to GCHS, who will have adoptable dogs available. During

the evening, T-shirts, coasters and magnets will be offered for sale, with 100 percent of the proceeds benefitting the shelter. A variety of vendors will be in attendance for the evening's festivities, which will include music provided by the Bell Tower Shops.

For more information about the events with Gulf Coast Humane Society, call 332-

0364 or visit www.gulfcoasthumanesociety.org.

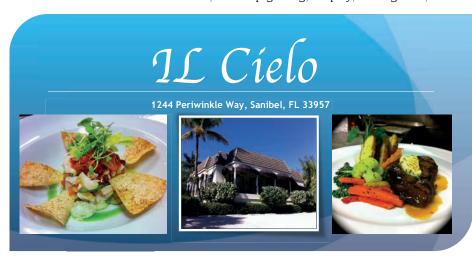
The Fall for the Arts 2016 at the Alliance for the Arts is set for this Saturday, October 15 from 10 a.m. to 3 p.m. The annual free family festival features live performances, games, arts and crafts stations, food trucks, face painting and other activities.

Arts organizations, theaters, galleries, museums and art schools will distribute information about their upcoming seasons. Local artists will demonstrate their techniques and sell their works. Area performance groups will dance, sing, play instruments and act in mini-performances on the outdoor amphitheater stage.

Visit www.ArtInLee.org for more information.

A family friendly Comic Fest has been planned for this Saturday, October 15 at the Fort Myers Regional Library campus from noon to 4 p.m. Keynote speaker Stephen Hayford, a nationally known diorama artist, will present the program Star Wars: The Force Awakens, Working In Secrecy.

Activities will include trivia contests, table top gaming, cosplay, video games,



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Youth groups perform at the festival

photo courtesy Alliance for the Arts

Japanese culture, coloring, 3D printing, karaoke, a costume parade and a selfie-station. Artists showcasing henna, sculpture, and other types of art will be on-site and selling their designs. Comics, games and anime paraphernalia will also be available for sale. Comic Fest is free, though pre-registration is required for popular activities. To register for an activity, go to www.leelibrary.net/calendar. View posted event rules about costumes, clothing, safety and code of conduct at www.leelibrary.net.

Randy Wayne White, New York Times bestselling author, will kick off his national book signing tour for the fourth installment in his Hannah Smith series, Seduced, at the Doc Ford's Rum Bar & Grille Sanibel location. The signing will be held this Sunday, October 16 at the restaurant's new location at 2500 Island Inn Road, across from Bailey's Shopping Center.

Main character Hannah Smith, a tall, strong Florida woman descended from many generations, is a fishing guide, part-time investigator and the beloved heroine. Seduced

is breathtaking, harrowing and suspenseful.

White will begin the signing at 11:30 a.m., with a question-and-answer session. The signing will conclude at 3 p.m. Seduced hardcover books will be available for purchase on site, the only place to acquire the novel before its official release date on October

White will continue his book signing tour at Doc Ford's Fort Myers Beach on Tuesday, November 1 from 11:30 a.m. to 3 p.m., and at Doc Ford's Captiva on Thursday, November 3 from noon to 3 p.m.

Copies of Seduced and previously released installments of the Doc Ford and Hannah Smith Series are available at all three Doc Ford's locations. Learn more online at www.docfords.com. For more information, call 472-8311 or visit www. docfordssanibel.com.

Friends of the Fort Myers Library will host A Conversation with Mina Edison on Monday, October 17 at 6:30 p.m. Mrs. Edison and her husband, famous inventor Thomas Edison, were part of the Fort Myers community for 61 years. The couple honeymooned in Fort Myers in 1886. Mina spent her winters there until her death in 1947.

Conversation will include knowledge of the development of the city from cattle town to the beautiful place it is today and Mina's role in that evolution. Find out about the start of the Audubon Society, the Chautauqua Bird & Tree Club, her friendship with Jay Norwood "Ding" Darling and her beautification projects.

Mrs. Edison's appearance is sponsored by the Edison Ford Winter Estates. The discussions will take place in the meeting rooms of the Fort Myers Regional Library, located at 1651 Lee Street. Seating is limited. There is no charge to attend, but advance registration is required. Visit http://bit.ly/2cujirr or call 479-4636.

The 2nd annual Best of Taste in the Park fundraiser will take place from 6 to 8 p.m. this Monday, October 17 at JetBlue Park, located at 11500 Fenway South Drive in Fort Myers. The event will be capped at 200 attendees.

The fundraiser proceeds the 34th annual Taste of the Town, slated for Sunday, November 6.

During the Best of Taste in the Park, attendees will be able to participate in judging offerings from participating restaurants to decide the People's Choice Award that will be showcased at the annual Taste of the Town. In addition to the tastings and judging, attendees will receive complimentary beer and wine, craft spirit tastings, a silent auction with one-of-a-kind items, self-guided tours, raffle prizes and complimentary admission to Taste of the Town.

Tickets for Best of Taste in the Park are \$75 each and can be purchased by visiting www.redsoxfoundation.org/best-of-taste or emailing jbpevents@redsox.com. All funds raised will be split between the Junior League of Fort Myers and the Red Sox Foundation to be given back to the local community. Last year's Best of Taste event

For more information about Best of Taste in the Park or the annual Taste of the Town, call 277-1197 or email asteofthetown@jlfm.org. For ongoing updates on Taste of the Town, visit www.jlfmtaste.com.

FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's The River Weekly News

COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly

1520 Broadway #106, Fort Myers. Call 334-6991.



Scallops served with blue lump crab meat, black linguine and mixed vegetables finished with house-made citrus butter from Doc Ford's on Fort Myers Beach

photo courtesy Doc Ford's Rum Bar Grille

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully

prepared dish on the menu for everyone. Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.
Call 472-5555 for reservations.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ

Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moooood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.
Island Cow is an airy bistro with

French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails!

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or

Summer hours include Tuesday through Friday from 11 a.m. to 9 p.m. and Saturday from noon to 9 p.m.; closed Sunday and Monday. 15660-225 San Carlos Boulevard,

Fort Myers, 482-5505

SAKURA CHINATOWN

Sakura Chinatown Chinese and Japanese Restaurant is located within the Kmart Plaza in the Iona-McGregor area at 15271 McGregor Blvd suite 24 in Fort Myers. The restaurant offers both Chinese and Japanese cuisine and is open from 11 a.m. to 10 p.m. Tuesday through Sunday. Dine in or pick up. Delivery is available within a four-mile radius. Call 332-0888.☆





Downtown Fort Myers (Post Office Arcade - Next to Hotel Indigo)

1520 Broadway For Takeout & Delivery Tel: 334-6991

Churches/Temples

ALL FAITHS UNITARIAN

CONGREGATION (UUA) 2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org
ALL SAINTS BYZANTINE

RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of

Interstate 75. ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study.
annunciation.fl.goarch.org, 481-2099
BETH SHILOH
MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall. Pastor
Barry Lentz, 281-3063. Sunday Worship,
10:30 a.m., Wednesday Bible Study, 7 p.m.
CHABAD LUBANTCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and

Thursday 7 a.m. CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30

a.m. Website: www.taecc.com COVENANT PRESBYTERIAN CHURCH 2439 McGregor Boulevard, 334-8937

Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m. CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m. CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD **OUTREACH MINISTRIES**

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer.Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San . Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIST, SCIENTIST 2390 West First Street, next door to Edison Estates. 10:30 a.m Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church

Service; 5:30 p.m. Youth Group. FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

FORT MYERS CONGREGATIONAL **UNITED CHURCH OF CHRIST;**

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows

worship. IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m.

services. JESUS THE WORKER CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service. LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and

Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages.
11 a.m Sunday Morning Worship. 7 p.m.
Wednesday Evening Bible Study.
NEW HOPE PRESBYTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers.

Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org. PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion

Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www. peaceftmyers.com, peace@peaceftmyers.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.
RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy

Service, multi-generational. SAMUDRABADRA BUDDHIST CENTER Meditation classes. Guided meditations,

methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE **CATHOLIC CHURCH**

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH 3751 Estero Boulevard, Fort Myers Beach,

463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m. **SAINT NICHOLAS MONASTERY** Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www. saintnicholasmonastery.org.

ST. VINCENT DE PAUL **CATHOLIC COMMUNITY**

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 4330201, Rabbi: Rabbi Marc Sack Minyan:

Monday at 9 a.m. Politicipus Education:

Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday

evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org. THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www. unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness WESTMINSTER PRESBYTERIAN

CHURCH (PCA)

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.



James Otto

photo courtesy March of Dimes

Country Artist To Headline Fundraiser

'ames Otto, a nationally performing country singer/songwriter, will headline the 16th annual Bikers for Babies post-motorcycle ride celebration at Six Bends Harley-Davidson on Sunday, November 6 from 1:30 to 3 p.m.

One of the largest fundraisers for the March of Dimes, Bikers for Babies raises money to support research and medical services relating to premature birth and infant health.

Bikers for Babies, presented by LeeSar, begins Friday, November 4 and continues through November 6 and includes live entertainment and the annual motorcycle ride. The ride route has changed this year and seven miles have been added to the charity

trip. To date, the three-day weekend fundraiser has raised \$1.9 million.

On November 4, the March of Dimes will host the annual VIP Party at Six Bends

Harley Davidson from 6 to 8 p.m. for sponsors and top fundraisers.

On November 5, from 3 to 9 p.m., the community is invited to Six Bends Harley-Davidson for a day of entertainment benefiting the March of Dimes. Activities include a car and bike show hosted by Florida Hot Rods and Hogs, biker-themed competitions, live music, food vendors and other attractions. The day concludes with a traditional Bike Night.

On November 6, participants will gear up for the 16th annual Bikers for Babies ride, the second largest and longest police-escorted ride for Bikers for Babies in the nation. Last minute registration opens at 9 a.m. Riders will depart from North Collier Regional Park at 11 a.m. and travel 30 miles along the new ride route to Six Bends Harley-Davidson for the celebration.

The post-ride gathering includes complimentary lunch, drinks and activities for all participants, followed by Grammy-nominated country singer/songwriter James Otto. The concert, taking place from 1:30 p.m. to 3 p.m., is open to the public. General admission tickets are on sale for \$15 and front row tickets for \$50. VIP tickets are also available for \$75, which include a meet-and-greet with Otto as well as complimentary appetizers and beverages. Only 50 VIP tickets are available. Purchase tickets online at JamesOttoLive.eventbrite.com.

All proceeds benefit the March of Dimes research and initiatives. For more information, to register for the annual ride or to make a donation, visit www. bikersforbabies.org/southwestflorida. For information about Bikers for Babies sponsorship and vendor opportunities, contact Trent Howe at 271-2562 or thowe@ marchofdimes.org.☆

Guided Nature Walk

Lee County Conservation 20/20 volunteer naturalist will lead a free, 1.4-mile nature and history walk at Wild Turkey Strand Preserve at 9 a.m. on Saturday, October 15. The preserve is located at 11901 Rod and Gun Club Road in Fort

The preserve's history includes parts of the former Buckingham Army Airfield, the state's largest airfield training base during WW II. Scattered remnants of the airfield are still visible. The preserve is also located within the boundaries of Lee County's designated aquifer recharge area.

The 90-minute walk is on a fully accessible trail, and a picnic shelter and restroom are on-site. Participants should wear closed toe shoes suitable for wet conditions.

No reservations are required. No dogs are permitted in this preserve. Call 204-1125



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Back On The Water



by Capt. Matt Mitchell

s hurricane Matthew slowly slid up the eastern side of the state last week, we experienced rough and windy conditions for a few days keeping just about everyone

off the water. Over the weekend things began to calm back down and fishing took a few days to get back to normal. With strong winds stirring up the water, bait took a little time to relocate but then quickly reappeared in all the usual places. Noticeably cooler, less humid morning temperatures marked the start of fall and are a much welcomed change.

Despite reports of dead fish from red tide washing up all over our beaches, we luckily have yet to see any effects in Pine Island sound. Hopefully the few days of strong winds from the passing storm helped break up or move this area of red tide that's been sitting in the Gulf from Port Charlotte to Sarasota for weeks

now. I think many of these dead fish being found out along our beaches have been blown in from somewhere else as I have not yet seen dying fish or feel that telltale itch in my throat when red tide is

After catching my daily live well full of shiners up by Redfish Pass for weeks, strong winds had this area so churned up the bait post-storm had just disappeared. The first day back to work after the storm, I knew bait would be the biggest challenge of the day. I ended up running to three different places before I finally located bait back on the eastern side of the sound. The panic you experience as a fishing guide without any bait has to be felt to be fully understood. Watching schools of shiners dimple on top of a shallow bar quickly relieved this pressure and, after a quick three throws, the live well was blacked out and life was good again.

Snook and mangrove snapper fishing remained the go-to action this week as we fished with live shiners. Chumming shiners had both snook and snapper feeding explosively on the surface. Spanish mackerel, jacks, ladyfish and even a few upper slot redfish were also in the daily mixed bag. During low tide periods, we set up and worked the deeper natural channels and holes in



Bill from Connecticut with a 26-inch redfish caught while fishing with Capt. Matt Mitchell

the southern sound. Then, as the tide came up, we switched it up to mangrove fishing. All in all, after a few days of not being able to get out on the water due to the weather, action was relatively easy to find if you could locate plenty of quality bait.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆

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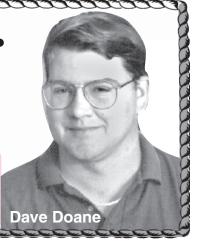
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CROW Case Of The Week:

Southern Flying Squirrel



by Bob Petcher

he southern flying squirrel (Glaucomys volans) gracefully travels through the air without much effort. In fact, it actually glides rather than flies.

To do so, the flying squirrel has

a flattened tail and a furry membrane called a patagium that stretches from its front legs to its rear legs that is utilized to glide through the air. The process begins from atop a tree and involves a tucking of the limbs and a retracting of the head before the self-propelling technique. After taking off, it spreads its long front limbs forward and out and its long back limbs backward and out. This formation allows the patagium to stretch out and form a parachute-like flat square to catch air, slow it down and create a drag.

For navigation purposes, triangulation is thought to be used to estimate distance to the landing area. Gliding angles are said to be 30 to 40 degrees, and abrupt turns can be accomplished if needed. When near to the landing area, the southern flying squirrel will raise its flat tails to change trajectory and point all its limbs to lessen the shock of the landing.



Patient #16-3189 did not survive long after its nest fell and struck the ground

photo by Kenny Howell

Unlike a regular squirrel, these mammals are nocturnal, another distinction from their day-loving cousins. The southern flying squirrel is also smaller than ground or tree squirrels as well as their northern counterparts. The southern species is about 8 to 10 inches in length.

While its name indicates it should be a warmer climate animal, the southern flying squirrel is actually found throughout the eastern United States, from Maine south to Florida and west from Minnesota south to Texas.

Similarities between flying squirrels and tree or ground squirrels include diet, as both species feed on fruit and nuts and store such items, along with acorns, for winter consumption, and social behavior, as both species tend to forage together.

But, it is the flying squirrel's gliding ability that makes humans envious. Skydivers and base jumpers have been known to actually develop outfits that mimic the stretched patagium of the flying squirrel to help slow their descent and improve maneuverability through the

The young of southern flying squirrels are born without fur or any capabilities of their own. Their ears open between two and six days old, and fur grows in by the first week of birth. Interestingly, their eyes don't open until they are 24 to 30 days old. They are weaned for the first 65 days of their life and are not fully independent until roughly 120 days of

At CROW, an infant male southern flying squirrel arrived from Estero recently after its nest reportedly fell from a tree during a rain storm. Unfortunately, three of his siblings did not survive. The flying squirrel arrived mildly hypothermic and emaciated, but x-rays showed no internal

The patient weighed in at 14.2 grams and was receiving supportive care to increase his weight. However, even after reportedly receiving formula feedings five times per day, the southern flying squirrel did not gain any weight and ended up passing away overnight last weekend.

"We knew he was going to be a challenge," said CROW DVM Intern Dr. Krystal Woo. "When CROW staff went to provide morning feedings on Sunday, they found it unresponsive.

Medical officials said that if the patient would have gained weight and increased its strength, he would have been eventually released back in the wild, since there were no internal injuries that would have limited his gliding process, thus giving him escapability from predators.

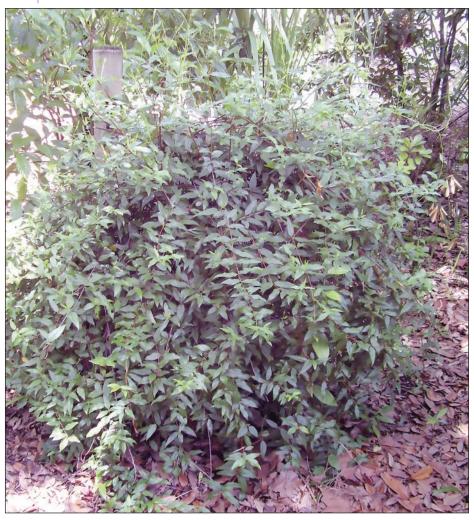
Of course, CROW officials have stated the best chance for an infant animal to survive is when it is cared for by its mother. Even if a parent is not in sight, it does not necessarily mean it has been abandoned or orphaned. Human care may be needed only if the animal is bleeding, has an open wound or a broken bone or is covered in fly eggs.

"We ask that when people see a baby animal on the ground they look for the parents first and make sure (the baby animal is) in need of help," said Dr. Woo. "Humans are never a young animal's best hope for survival. They are its last hope and should never be removed from their environment until everything possible is down to reunite them with their parents."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



Summer Hours: Tuesday - Friday 11AM to 9PM • Saturday 4PM to 9PM • Closed Sunday & Monday



Bitterbush is listed as endangered in the state of Florida

photo by Gerri Reaves

Plant Smart

Bitterbush

by Gerri Reaves

ative bitterbush's (Picramnia pentandra) common name derives from its yellow-brown bitter bark, which can be used as a fever remedy.

Found in the coastal hammocks of South Florida, it sometimes reaches small-tree size, growing 10 to 15 feet tall with a wide spread.

It is listed as an endangered species in the state, meaning that it is in imminent danger of extinction, and its survival is unlikely if the causes for its decline in number (e.g., habitat loss) continue.

There are many reasons to include bitterbush in the landscape, including resilience, attractiveness, low-maintenance and wildlife-friendliness.

It adapts to various conditions. including shade and periods of drought. High salt tolerance makes it a good choice for coastal landscapes.

The leaves are eight to 14 inches long and are made up of five to nine evergreen leaflets.

Variations occur in the pinnately compound leaves, so called because they are divided into a feather-like construction. The leaflets of two to four inches long can be either opposite or alternate.

They can be elliptical to ovate in shape with pointed tips. Sometimes there is a terminal leaflet, sometimes not.

Fragrant dangling clusters of tiny reddish-tinged flowers bloom mainly in summer. The male and female flowers appear on separate plants and attract various insects and pollinators.

Bitterbush is a larval, or host, plant for the bush sulphur butterfly.

The female plant bears fleshy berries, which matures to black and provides food for birds.

Propagate it with the one seed in the berry and watch for seedlings that spring up near the parent plants.

Use it as a hedge or screen, or feature it as a graceful solitary specimen. You might help it – and the butterflies it depends on - survive.

Sources: Florida Plants for Wildlife by Craig N. Huegel, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, and fairchildgarden.org.

Plant Smart explores the diverse flora of South Florida.☆

Bonsai Society To Hold 35th Annual Show And Sale

he Bonsai Society of Southwest Florida, Inc. will hold its 35th annual Show and Sale on Saturday and Sunday, November 5 and 6 at the home of the Berne Davis Botanical Garden, located at 2166 Virginia Avenue in Fort Myers, adjacent to the Edison Home. This is the home of the Fort Myers-Lee County Garden Council. The show is open Saturday from 9 a.m. to 5 p.m. and Sunday from 9 a.m. to 4 p.m.

The show will include an exhibit of bonsai trees created by Society members, demonstrations of bonsai techniques, sales of bonsai and related materials and raffles. Experienced members will Fukientea bonsai also be available to answer

photo courtesy Bonsai Society

questions about any trees that are brought in.

Admission and parking are both free; handicap parking is on Virginia Avenue only; regular parking is on Larchmont Avenue, off of McGregor Avenue. The garden is the home of the Lorelei statue that was recently part of the old Fort Myers Library as well as the Mina Edison Botanical Library.

Two workshops will be provided. Ed Trout will provide one workshop on Saturday at 1 p.m. (bring your own tree); Adam Lavigne will provide a second workshop on a large green island ficus on Sunday at 1 p.m. Pre-registration is requested; each workshop costs \$50. (Trout's fee will be donated to the Orlando Children's Hospital.)

For more information or to pre-register for a workshop, visit bonsaiswfl.org or call Greg Lignelli at 560-3275.☼



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Late Artist **Donates Supplies** To College



The late Veronica A. Benning photos courtesy FSW

he Veronica A. Benning Trust recently donated an estimated \$7,000 worth of supplies to Florida SouthWestern State College (FSW) art students.

The donation included acrylics, brushes, pens with ink, watercolor pastels, blank canvases, frames and mattes for the



FSW students Alejandro Gomez and James Fitch showcase art supplies donated by the Veronica Benning Trust

Visual Arts Department in FSW's School of Arts, Humanities and Social Sciences.

Benning retired to Fort Myers and passed away in 2013, leaving behind supplies and original pieces in her studio, some of which were sold, with the rest donated to FSW for display. Benning's trustee, Arlene R. Foreman, arranged the donation.

"She was so versatile, and painted in so many media and styles. It was incredible," said Foreman.

"Veronica has a painting on

permanent display at the Portland Museum of Art, and she was included in a group exhibition at our Rauschenberg

Gallery many years ago," said Dana Roes, fine arts professor and chair of the Humanities Department at FSW. "We are very grateful for her gift."

Benning earned a bachelor of fine arts from the Sam Fox School of Design and Visual Art, and later a master of fine arts from the Tyler School of Art at Temple University.

From 1973 to 1993, she painted and taught in Maine, where her work was exhibited in a number of galleries,

including the Portland Museum of Art, Bowdoin College Museum of Art, Colby College Museum of Art, Maine College of Art and the University of Southern Maine.

Locally, her work appeared at The von Liebig Art Center in Naples, the Ringling School of Art and Design in Sarasota, the Arts Center in St. Petersburg and FSW's Bob Rauschenberg Gallery in Fort Myers.

Learn more by visiting fsw.edu/ academics/finearts.☆

Lake Kennedy Senior Center

Lunch & Learn Program

free Lunch & Learn program, presented by the Lake Kennedy Senior Center, will be held on Wednesday, October 26 from 11:30a.m. to 1 p.m. According to the federal government, a majority of people over age 65 will need some type of long-term care, with a significant number of people needing care in a nursing home. This seminar will help you understand more about long-term care planning.

There will also be a representative available to answer questions concerning Medicare and Medicaid. À complimentary lunch provided by D. Gates Wealth Management from Sam's Club delicious deli.

This valuable event is free, but preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.☆

Holiday Bazaar

he First Congregational Church of Cape Coral, located at 312 Santa Barbara Boulevard, will hold its annual bazaar on Saturday, November 19 from 9 a.m. to 2 p.m.

The bazaar, held both inside and outdoors, features over 70 vendors selling arts and crafts, collectibles, produce, plants, local honey, homemade candy and baked goods, as well as a "man cave" full of guy stuff.

A raffle and lunch will also be

For more information or to become a vendor, call 549-7938. 公





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Rotary Breaks Fundraising Records At Law And Order Ball



Lee County Sheriff Mike Scott and Officer of the Year James Matthew Chitwood photos courtesy Rotary Club of Fort Myers South

week before the red carpet was rolled out for the 3rd annual Law and Order Ball on September 17, Rotary Club of Fort Myers South had already sold out the event. The black tie affair, held at Germain Arena, honored local law enforcement. The fundraiser benefits the Rotary Club of Fort Myers South Foundation and Lee County enforcement youth programs and underwrites the purchase of lifesaving tactical trauma kits for officers' use in the field. Southwest Florida's finest were honored, including the five finalists for the Officer of the Year Award.

More than 600 local dignitaries, law enforcement representatives, business owners and residents attended. Sergeant James Matthew Chitwood of the Lee County



From left, Amy and Jonathan Gabel and Megan **Romine**

Sheriff's Office (LCSO) was named Office of the Year. He received a custom ring from Mark Loren Designs, a recognition plaque, a new Glock pistol and other gifts. Chitwood has been with LCSO for the past two decades and is currently the supervisor of the East District Criminal Investigations Unit. He also volunteers with the Gateway Flag Football League where he teaches sportsmanship, patriotism and teamwork.

Four other finalists were honored, who were chosen in a rigorous blind judging process from a vast field of officers in the Southwest Florida community: Master Sergeant Jon Kulko, Cape Coral Police Department; Officer Cassie McHale, Fort Myers Police Department; Detective Michael Cahill, Lee County Sheriff's Office; and Deputy Sheriff First Class Jarrod Cantrell, Lee County Sheriff's Office.

Rotary of Fort Myers South introduced a new targeted fundraising initiative called Fund-A-Need for this year's Law and Order Ball. The objective was to equip law enforcement units with tactical trauma kits to facilitate the stabilization of trauma victims in the field. Coinciding with FEMA's nationwide Stop the Bleed initiative, the Fund-A-Need initiative raised over \$50,000, offering more personnel the best chance to save a life when mere minutes matter.

Rotary Club of Fort Myers South Foundation established the Law and Order Ball to recognize and celebrate public safety's finest officers, who proudly represent local law enforcement agencies. It is the foundation's belief that selecting an Officer of the Year from the agency submissions serves to promote public trust and support for the officers and the law enforcement agencies involved.

In addition to ticket sales, auction bids and Fund-A-Need, Rotary Club of Fort Myers South owes the success of this year's ball to its sponsors: Title Sponsore Creighton Construction & Development; LeeSar; Survival Armor; NBC-2; The News-Press Media Group; CTN 10; Edison National Bank; Enterprise Holdings; Armor Correctional Health; Beasley Media Group; the Galloway Family of Dealerships; Tech-Tronics; CONRIC PR & Marketing; The Eventful Company; Mark Loren Designs; Rapid Print; Siesta Pebble; Henderson, Franklin, Starnes & Holt, PA; Eye Centers of Florida; Wilbur Smith Law Firm; Gulf Coast Coin and Jewelry; Gendron Funeral and Cremation Services Inc.; Associates and Bruce L. Scheiner; CFS Roofing; Home-Tech; Red



From left, Appie Scott, Dan Creighton, Stone Creighton, Sheriff Mike Scott and Krista Scott



FSW Police Department Chief Rick Parfitt and his wife and FGCU Police Department Chief Steve Moore and his wife



From left, FMPD Officer Cassie McHale, a member of Guns 'n Hoses and Joshua McHale

Roof Inns; Aubuchon Team of Companies; Southern Glazer's Wine and Spirits; Fort Myers Police Department; Lee County Sheriff's Office; HBKS Wealth Advisors; Old Sparky Productions, Inc.; UAStar Photo Booth; Florida Gulf Coast University; Maureen Grabowski; Card Systems, E-Guarded Security; Platinum PEO Resources; Suncoast Credit Union; Coca-Cola; Ruth Messmer Florist; Interior Plant Scapes; EnSite; Coastal Beverages; Coca-Cola Beverages Florida; and Costco.



Officer of the Year James Matthew Chitwood and NBC 2 Anchor Peter Busch



Sonya Sawyer and Heather Fitzenhagen



Dan Creighton and GW Bailey

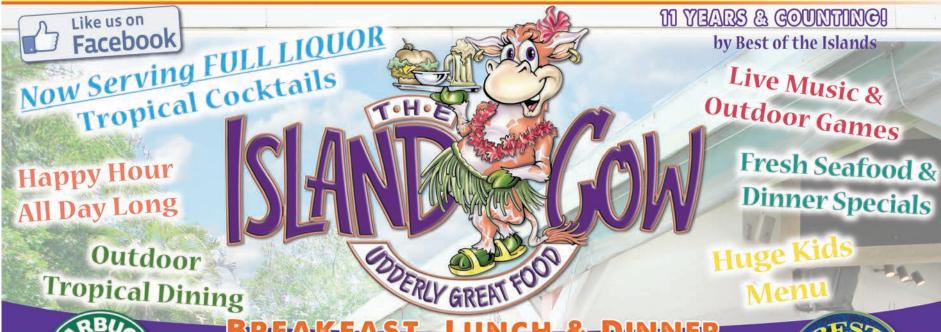


From left, Joshua McHale, Lt. Valdivia, Officer McHale and Laura Valdivia



From left, Jonathan and Megan Romine, Roger and Stacey Mercado and Jennifer and

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Marlins Player Home Run Tribute Top Moment In Baseball Season

by Ed Frank

To doubt there will be many exciting and game-changing plays the next few weeks in baseball's postseason playoffs, but none will match the emotional lead-off home run by Miami Marlins Dee Gordon the last week of the

In fact, Fox Sports has listed it as the No. 1 moment in all of baseball this year.

Gordon's best friend was the talented, charismatic Marlins pitcher Jose Fernandez, who died days before in a tragic boating accident off Miami Beach. Just 24 years old, Fernandez, who had escaped from Cuba, was one of baseball's brightest stars and beloved by friends, teammates

and the tight-knit Miami Cuban community.

Let's set the stage at Marlins Park for baseball's biggest moment of 2016: To honor and remember Fernandez at the first Marlins game after his death, a single horn played Take Me Out to the Ball Game with many players weeping openly. Then the Marlins took the field in an important game to the New York Mets playoff chances.

The Mets were set down in order in the top of the first. Gordon was the Marlins leadoff hitter in the bottom of the first.

A left-handed batter, Gordon took the first fastball pitch from Mets pitcher Bartolo Colon in the right batter's box as a tribute to his departed buddy.

He then returned to the left side of the plate and crushed Colon's third pitch deep into the right field stands - setting off an emotional celebration in the Marlins dugout and in the stands.

Weeping as he rounded the bases, Gordon was embraced by player after player when he reached the Marlins dugout.

Now here's the footnote to that unforgettable moment. That 377-foot home run was Gordon's first home run of the season - the first in 324 plate appearances. The Marlins went on to win that game, 7-3.

Hopefully now you know and can understand why it is the No. 1 moment in baseball's 2016 season.

Florida Everblades Begin 19th Season Tonight Against Greenville

The Florida Everblades hockey team launches their 19th season in franchise history tonight, Friday, when they host the Greenville Swamp Rabbits at 7:30 p.m. in Germain Arena. The same two teams meet again Saturday at 7 p.m.

In the nearly two-decade history of the Everblades, the team has been one of the most successful organizations in the 27-team ECHL. They have missed postseason play only once (2014), while winning four division titles, three conference titles and capturing the league's Kelly Cup championship title in 2012. To bolster Florida's roster for the 2016-17 season, the parent Charlotte

Checkers of the American Hockey League last week assigned goaltender Anthony Peters and forward Matt Berry to the local squad.

In a preseason game last weekend at Germain, Florida defeated the Orland Solar Bears 3-2 in overtime.☆



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SPORTS QUIZ

- 1.In 2016, Felix Hernandez became the winningest pitcher in Seattle Mariners history. Who had held the mark?
- 2. Twice in the 1980s, a Milwaukee Brewers player led the A.L. in RBIs for a season. Who was that player?
- 3. What is the record for the biggest jump in rankings in one week that a team has made in The Associated Press college football poll?
- 4. Name the last Warriors player before Stephen Curry in the 2014-15 season to be named the regular-season NBA Most Valuable Player.
- 5. When was the last time before the 2016 NHL playoffs that no Canadian team took part?
- 6. When was the last time before 2016 that rugby was an Olympic
- 7. In 2015, golfer Lydia Ko became the fourth LPGA player to be rookie of the year one year and player of the year the next. Name two of the three others to do it.

ANSWERS

and Annika Sorenstam.

was the 1969-70 NHL season. 6. It was 1924. 7. Nancy Lopez, Beth Daniel Wilt Chamberlain in 1960, when the team was located in Philadelphia. 5. It RBIs in 1983). 3. Michigan State rose 17 spots (No. 19 to No. 2) in 1950. 4. 1. Jamie Moyer, with 145 victories. 2. Cecil Cooper (122 RBIs in 1980; 126

Golf Tournament To Benefit Heights Summer Camp

he Kids To Camp golf tournament will take place on Friday, December 9 at Old Corkscrew Golf Club. The proceeds support The Heights Center's Summer Camp program that provides a safe environment for at-risk kids in Harlem Heights to explore opportunities in recreation, fitness, arts and education.

Registration and lunch will begin at 11:30 a.m., there will be a shotgun start at 12:30 p.m. and dinner, auction and awards at 5 p.m.

"This tournament will help 100 kids from Harlem Heights attend camp this summer," said Jim Sanger, chief operating officer of The Heights Foundation. "Camp provides an engaging environment for kids who otherwise have no options, and parents benefit from the knowledge that their children are safe and ready to return to school in the fall."

Tournament registration is now available. A foursome is \$600 and a single golfer is \$150. Sponsorships that include golf packages and recognition are available. The sponsorship deadline is December 2 and golfer registration deadline is December 6.

For more information, visit www.heightsfoundation.org/kidstocampgolf or contact Jim Sanger at 482-7706 or jim@heightsfoundation.org.

Dress Like A Superhero For 5K

ommunity Cooperative has planned a "soup" erhero-themed 5K as an ode to all heroes, set to take place on Saturday, October 29, at Gulf Coast Town Center, 9903 Gulf Coast Main Street in Fort Myers.

Participants are encouraged to dress up as their favorite hero, ranging from Batman to an everyday local service hero such as a firefighter. Register at CommunityCooperative.com.

The family friendly race begins promptly at 7:30 a.m. All ages are invited to participate. The race route begins and ends at the market area at the mall, and will twist and turn throughout the entire complex.

Those registered receive an event bag and shirt. The Lee County Sherriff's Office and fire department will be on hand to show support.

Awards will be presented to the top runners, top fundraisers and for best

For more information or a sponsorship, email Nicole Rieg at Nicole@CommunityCooperative.com, call 332-7687 ext 101 or visit CommunityCooperative.com.☆

Our email address is press@riverweekly.com



From left, Cynthia Duff, Miguel Fernandez and Scott Atwood

photos courtesy CONRIC PR & Marketing

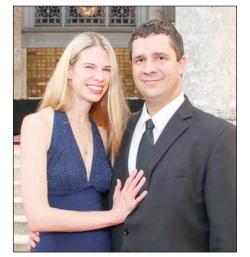


Honorable John Steele and Scott Atwood

Gala Honors Judiciary

he Lee County Bar Association (LCBA) recently hosted a gala at the Sidney & Berne Davis Art Center honoring the judiciary. This location was chosen since it served as Lee County's first federal courthouse, and is where several judges and LCBA members began their careers.

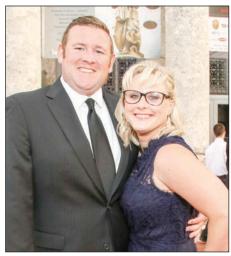
First Street was closed to traffic so attendees could exit their vehicles directly onto the red carpet. Attorney Miguel Fernández III was presented with the Decorum Award, with his wife and three daughters in attendance. LCBA President Scott Atwood served as master of



Danielle and Dustin Butler



Randal Murray and Barbara Pizzolato



Patrick and Kathryn Boland



Miguel and Denise Fernandez



Vera Bergermann and Steve Clarke



Heidi Plaumann and Leland Garvin



Leo Kremenchuker and Ita Neymotin



Jane Manalich and Honorable Ramiro Manalich



Honorable James Adams and wife Mary Beth



Mayor Randy Henderson and wife Ginny



Honorable Zachary Gill and wife Molly

Financial Focus

Guard Against Identity Theft And Protect Finances



by Jennifer Basey

Tn 2015 alone, more than 13 million Americans were victimized by identity theft, according to the U.S. Department of Justice. What can you do to guard your identity and protect yourself from potential financial

Here are some ideas to consider:

• Review your statements. Closely review the monthly statements from your checking and other financial accounts. If you find any unfamiliar charges, contact your bank or other financial services provider immediately.

• Order your credit reports. The three credit reporting agencies - TransUnion, Equifax and Experian - are each required by law to provide you one free credit report a year. Make sure your name, address and other information are correct on your credit report, and if you find old or inaccurate information, have it removed.

 Place a fraud alert. If you suspect you have become a victim of Identity theft, place a "fraud alert" on your credit reports by contacting any of the three credit

reporting agencies. You can choose a short-term or long-term alert. And if you're an active member of the military, you can request a special one-year alert.

• Feed your shredder. Shred all old bank and investment statements, applications for new credit cards and any other documents that contain personal information.

• Destroy digital data. If you have a variety of financial accounts, you're not just creating a paper trail, you're also establishing a digital "footprint." So, when you sell or otherwise dispose of a computer system or hard drive, you may want to take steps to destroy personal data. You might think that simply deleting it would be sufficient, but tech-savvy identity thieves can "undelete" files or recover information from a formatted drive. However, products are available that allow you to completely wipe out data on hard drives.

• Change passwords. It's a good idea to change your Internet passwords every so often – especially those passwords that provide access to financial accounts.

 Leave your Social Security card home. Snagging someone's Social Security number is a real "catch" for identity thieves, so do everything you can to thwart them. And you can start by leaving your Social Security card safely at home. After all, there's probably never a good reason to bring it out anyway. In fact, be wary of anyone, or any business, that asks for your Social Security number, either in person or online. Except for a few obvious exceptions, such as your tax preparer, most reputable businesses don't need to know anything about your Social Security information.

• Watch for "phishers." If you've ever gotten an e-mail, supposedly from your bank, advising you that your account will be "frozen" unless you provide personal details about your account, it's a good bet that someone is "phishing" for this information – and they're using the "freezing" threat as bait. What's particularly

alarming is that these "phishers" have gotten quite good at duplicating logos and using official-sounding language. However, a legitimate bank would never threaten you this way with an e-mail, so if you get

such a message, contact the bank's fraud department.

You can go a long way toward protecting yourself against identity theft by following these suggestions, so put them to work soon.

This article was written by Edward Jones for use by your local Édward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@ edwardjones.com.☆

From page 1

Festival Short Films

Nicaragua. FSW's connection to Santa Julia was established by Dr. Bruno Baltodano, who traveled with students as part of a study abroad experience.

This year's films include:

 Daybreak/L'aube – Animation
 7 minutes; by George Ungar, Toronto, Canada Opening our eyes each new day, we stare for a few minutes into space, seeing the first sights, hearing the first sounds. It is neither night nor day but something in-between. Fragments of dreams refuse to expire, the grip of the day is not yet upon us, memory and desire hovers around the

Video – Narrative

15 minutes; by Randy Yang, New York, New York

Two teenage African-American girls capture a woman's racist remarks on video. The woman, concerned for her reputation, bargains with the two girls to delete the incriminating footage.

• Words They Said to Her – Experimental 3 minutes; by Ella Zhu, Chicago, Illinois

ANNIVERSARY 2016 **BLACK MARIA** FILM FESTIVAL

images courtesy FSW

Words are not just words. They can be used to accuse, to deceive or to drive a victimized woman to insanity and beyond. This short film examines the effects of blaming the victim, the culture of rape and its devastating effect on women.

• Dysmorphia – Animation

5 minutes; by Katherine Grubb, Vancouver, British Columbia, Canada

Dysmorphia depicts the experience of body dysmorphic disorder and scoliosis. It follows the main character's memories of growth and treatment, while depicting her everyday experiences – a bulimic episode, projecting one's flawed image and the act of looking intensely at one's body.

• Lockdown – Documentary

6 minutes; by Lauren Knapp, Stanford, California Over the past decade, American schools have become concerned with protecting their students from the threat of an armed gunman. In the aftermath of the tragedy at Sandy Hook Elementary in Newtown, Connecticut, most elementary schools are now conducting safety drills that prepare teachers and students for such a threat. Lockdown explores this chilling new reality through the voices of students, a teacher and a parent. It provokes the viewer to contemplate the emotional weight of this new normal.

• Films by Syrian Girls – Documentary

22 minutes; by Laura Doggett, Durham, North Carolina

During a two-month workshop, Syrian girls living as refugees in Jordan's Za'atari refugee camp and Irbid created expressionistic video diaries that provide openings into their everyday lives.

The Gift – Narrative
 minutes; by Tarique Qayumi, Woodland Hills, California

On her birthday, Sadaf, an Afghan teenager, is given the gift of a burqa by her mother. This means that her life as a child is over. Her family has arranged a marriage for her. As she settles into her new life, books and toys are cast aside for domestic duties. Years later, when Sadaf is a grown woman with a teenage daughter of her own, she is faced with the decision of what gift to give to her daughter. Will she follow tradition and give her the gift of the burga or will she send her daughter on a different path?

• The Making of a Mensch – Documentary 11 minutes; by Tiffany Shlain, Mill Valley, California

The Making of a Mensch explores ancient Jewish ideas about being a mensch – aka being a good person, thinking of the bigger picture and living a meaningful, purposeful life - through a vibrant 21st century lens.

• The Bench – Narrative 6 minutes; by Cameron Burnett, Malibu, California

An old, blind man's world is transformed when he is given a chance to see for the first time through the eyes of a man he meets on a park bench. For more information, contact Dr. Chase at Wendy.Chase@fsw.edu, call 489-9470 or

visit blackmariafilmfestival.org

FSW is located at 8099 College Parkway in Fort Myers.

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Kitson & Partners volunteers at Special Equestrians facility

photos courtesy United Way

Company Volunteers To Help Special Equestrians

mployees of Kitson & Partners participated in a United Way Day of Caring at Special Equestrians. A total of 62 employees of the company worked on many projects that helped to clean up and keep the Special Equestrians property functional and attractive. Special Equestrians is a United Way Partner

Special Equestrians was so happy to host the United Way Day of Caring at Special Equestrians on September 16," said Jan Fifer, executive director of Special Equestrians, Inc. "The wonderful employees of Kitson & Partners came with open hearts ready to tackle whatever jobs we had for them. They completed 25 different important projects on our



Syd Kitson and Jan Fifer

property that day! Special Equestrian's facility was spruced up and ready for our special riders to come to their therapeutic horseback riding classes. Thank you United . Way and Kitson & Partners.'

The Kitson & Partners volunteers cleaned the viewing area, stained the mounting ramps and the covered arena. In addition the group trimmed the butterfly gardens, cleaned horse stalls, horse water troughs and bath boxes. The employees also had a family style lunch and motivational talk by Kitson & Partners CEO Syd Kitson. Cliff Smith, president of the United Way of Lee, Hendry, Glades and Okeechobee,

praised the volunteers. "This is a great project completed by very enthusiastic volunteers from Kitson & Partners," he said. "We are deeply appreciative of the great help the volunteers have given to Special Equestrians. The gift of time and skills will make a significant impact on the lives and of the children at Special Equestrians.'

The United Way's Day of Caring is a year-round program, coordinated by the United Way Volunteer Center which matches businesses' desires to help with the needs of the community. Many local groups and companies have participated such as Publix Super Markets, Northern Trust, Lee Memorial Health System, Cypress Cove at HealthPark and Comcast.

The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout our community. You can reach the United Way Volunteer Center by calling 433-2000 option 9 or by visiting www.UnitedWayLee.org.

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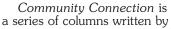
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Excellence In Writing Recognized

ONRIC PR & Marketing was honored with writing accolades at the Florida Magazine Association's (FMA's) recent Charlie Awards ceremony, held on September 23 in Orlando for the magazine Res Gestae. Published by CONRIC, on behalf of the Lee County Bar Association (LCBA), Rés Gestae won silver for Writing Excellence - Best Column for an Association, Trade or Technical magazine. The Community Connection column was judged on writing excellence by impartial academics and industry experts across the United States.





Connie Ramos-Williams and Sara Fitzpatrick Comito photo courtesy CONRIC PR

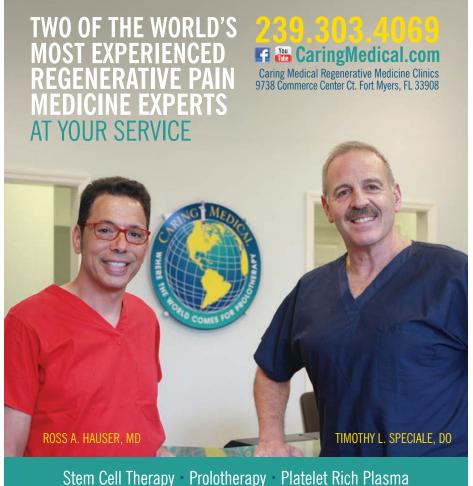
CONRIC's communications editor, Sara Fitzpatrick Comito, for Res Gestae. The column focused monthly on a Lee County not-for-profit organization to identify causes worthy of attorneys' and judges' philanthropic efforts. Consideration for the Best Column category requires the submission of a regularly appearing column by the same writer from three separate issues.

"Those in the legal community often have resources and a philanthropic spirit that can be put to good use for important causes," said Fitzpatrick Comito. "With so many worthy organizations in Southwest Florida, it's gratifying to put a big spotlight on some that may otherwise get lost in the shuffle, and to be recognized

by the FMA for effective storytelling on their behalf."

Connie Ramos-Williams added, "Members of the LCBA have a strong reputation for getting involved and giving back to the community in which they serve. Res Gestae is a perfect vehicle to connect its readers to causes that improve the quality of life in Southwest Florida.

This is the third year in a row CONRIC has been awarded a prestigious Charlie Award by the FMA. 容



Call us today to see if you are a candidate

Before The Fall

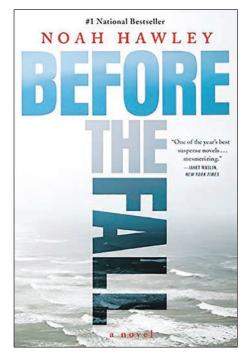


by Di Saggau

uthor Noah Hawley's Before The Fall is a thrilling read and is called one of the year's best suspense novels. However, it may make you skeptical of flying. It's about a private

jet with 10 privileged passengers and one down-on-his-luck painter, departing on a foggy summer night from Martha's Vineyard headed for New York. A short 16 minutes into the flight, the unthinkable happens. The plane plunges into the ocean and the only survivors are Scott Burroughs, the painter, and a four-year-old boy, JJ Bateman, who is now the last remaining member of an immensely wealthy and powerful media mogul's

We meet the passengers one by one as they step on board a jet that is a statement of subdued luxury. Through chapters that weave between the aftermath of the crash and the backstories of the passengers, we really get to know everyone on board, passengers and crew. This includes a Wall Street titan and his wife, the family of a media mogul who heads a network that sounds a lot like Fox News, a Texan-born party boy just in from London, a young woman questioning her path in life and a career pilot. The mystery surrounding the



tragedy heightens.

As the passengers lives are revealed, odd coincidences point to a conspiracy. Was it merely by dumb chance that so many influential people perished? Or was there something far more sinister at work? Events soon threaten to spiral out of control in an escalating storm of media outrage and accusations.

Scott struggles to cope with fame that borders on notoriety. After all, he swam miles to shore with a young boy and that definitely interests the media. I was intrigued by Scott's admiration for

Jack LaLanne, and his historic swimming feat from Alcatraz to the San Francisco shore just prior to his 60th birthday. Scott, who was only six at the time, was so impressed, he enrolled in swimming classes and pursued it into adulthood. Thus, he had the strength to survive the crash. Who can forget the charismatic LaLanne in his black jumpsuit teaching everyone how to stay fit.

It's the fragile relationship between Scott and JJ that glows at the heart of this stunning novel, raising questions of fate, human nature and the inextricable ties that bind us together. Hawley is a celebrated storyteller having worked on Fargo and Bones to mention just a few. We, as readers, really want to know why the plane went down. Hawley teases us throughout the book with separate chapters about each passenger and revelations about how each could have been a target. Finally the truth is revealed. Whether we like the truth or not, Before The Fall is a book that has readers racing through to get to the end.☼

School Smart



by Shelley M. Greggs, NCSP

ear Shelley, Do you have any hints about taking tests? My children, who are in middle school, seem to be having lots of tests and quizzes

this year, and they are getting a bit overwhelmed. I want to be able to help them with tests and need some good ideas.

Jonathon A., Fort Myers

Jonathon.

There are many useful strategies for test taking. As you work with your children to prepare for tests, it is important to assess their level of anxiety. Some anxiety is normal and may even enhance their performance, but too much anxiety can result in extreme nervousness, an inability to remember the information they have studied, shortness of breath and other symptoms. If you note any of these behaviors, you should speak with the teacher and/or guidance counselor to understand the situation more completely and get them some assistance if needed. If you feel that your children's behaviors are pretty typical, then you may want to employ the suggestions below.

Preparation

• Being well prepared for the test is the best way to reduce test-taking anxiety.

- Keep a calendar for tests and guizzes. Space out studying over a few days and review class material frequently. Don't try to learn everything the night before.
- A daily exercise program will keep stress levels lower. Something simple like a 20- to 30-minute family walk or bike ride would be highly beneficial.
- A good night's sleep before and a high protein breakfast the morning of the test is important.

During the test

- Remind your children to stay relaxed; help them learn how to do deep breathing and suggest that they use this technique if they begin to get nervous.
- Make sure they know to read the directions slowly and carefully. If they don't understand the directions on the test, tell them to ask the teacher to
 - Remind them to skim through the

test so that they have a good idea how to pace themselves. Working too slowly or quickly causes mistakes or may not leave them with enough time to finish the test.

- Tell them to write down important formulas, facts, definitions and/or keywords in the margin first so they won't worry about forgetting them.
- Remind them to concentrate on their own test and not worry about how fast other people finish their test.
- Instruct them to skip a question for the time being if they don't know it and come back to it later.

There are also very precise strategies for specific types of tests such as multiple choice, true/false, essay, short-answer and oral tests that are easily found online. Most often, however, teachers will clearly list and explain exactly what will be on a test. Staying calm, learning the information completely, listening to the teacher, and reading the directions carefully, generally results in success on

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through

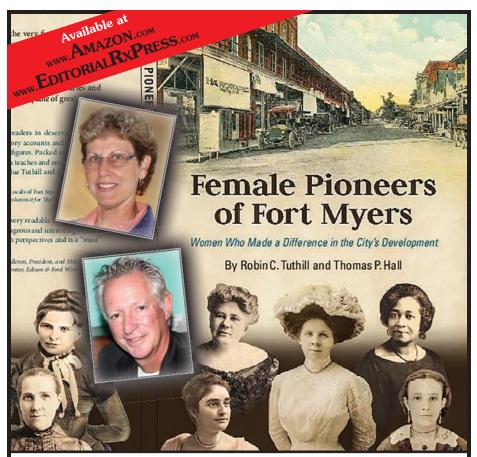
Free Lecture On Staying Healthy

ee Memorial Health System offers the next of its free lectures, presented by Dr. Sal Lacagnina, system medical director of wellness and employee health.

This session covers dietary resolutions and weight reduction. Questions posed include: Why do people quickly fall back into their old lifestyle habits only to repeat the cycle next year? Why are so many people poorly committed to achieving and maintaining good health? Why do we often take our health for granted?

The class is scheduled for Wednesday, October 19 from 12 to 1 p.m. in the Gulf Coast Medical Center Community Room, located at 13681 Doctors Way in Fort Myers.

Seating is limited and reservations are requested. Call 424-3234. Visit healthylee.com for more information. \$\square\$



"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.'

Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now

on JetBlue Airways, a two-night stay at the Hotel Commonwealth and tickets to two games at Fenway Park. Only 100 raffle tickets will be sold at \$75



Red Sox officials, mascots and students from Lee County

Red Sox Foundation Raising Money

s part of its continuing community outreach efforts, the Red Sox Foundation is holding its 5th annual Swings for the Sox golf tournament on Friday, October 14. Proceeds are earmarked for the Lee County Red Sox Scholarship, in partnership with The Foundation for Lee County Public Schools, Inc.

The foundation awarded a \$5,000 college scholarship to one student from each of the 13 public county high schools last year. The tournament raised more than \$75.000 in 2015.

In lieu of the annual Party in the Park, all foundation supporters can participate in an online silent auction to bid on one-of-a-kind items and other unique experiences. The auction is available at redsox.com/scholarshipauction and will remain active until Sunday, October 16 at 9 p.m. In addition, the foundation will raffle off an ultimate Red Sox fan experience with a trip for four to Boston. The

photo courtesy Red Sox Foundation

each, with all proceeds going to support the Lee County Red Sox Foundation's scholarship fund. To purchase a ticket, call 226-4783 or visit redsoxfoundation. Best of Taste in the Park takes place from 6 to 8 p.m. on Monday, October 17 at JetBlue Park, capped at 200 attendees. Participating restaurants will offer tastings of their entries which will then be voted on by the public for the People's Choice Award. Dishes must

be an item the restaurant will serve at

Taste of the Town. In addition to the

tastings and judging, attendees will have access to complimentary beer and wine, craft spirit tastings, a silent auction, self-guided tours, raffle prizes and complimentary admission to Taste of the Town on Sunday, November 6. Tickets for Best of Taste in the Park are \$75 each. All funds raised will be split between the Junior League of Fort Myers and the Red Sox Foundation.

Best of Taste in the Park participants include: 11:Eleven Café, 1st Street Deli, BJ's Restaurant, Black Salt Catering, Connor's Steak & Seafood, Ee-To-Leet-Ke Grill, Famous Dave's, Love Boat Ice Cream, Lucky Mi, Mona Lisa Italian Restaurant, Norman Love Confections and The Melting Pot.

On Saturday, October 29, from 9 to 11 a.m., Partners for Breast Cancer Care will be at JetBlue Park to form a human pink ribbon using uniform pink umbrellas. Each \$20 donation receives a pink umbrella. Additional activities will also be available.

For more information, call 226-4783 or email jbpevents@redsox.com.

Small Business Resource Network Hosting Luncheon And Meeting

The Southwest Florida Small Business Resource Network (SBRN), sponsored by Florida Gulf Coast University's Small Business Development Center (SBDC), will host a networking and discussion event about getting a small business loan on Thursday, October 20 from 11:45 a.m. to 1 p.m. at Connors Steak and Seafood Gulf Coast Town Center, located at 10076 Gulf Center Drive in Fort Myers.

The speaker for the meeting is Barbara Melvin, vice president and community lender at First Florida Integrity Bank. Melvin will discuss everything small-business owners need to know about securing a loan. She will reveal three simple questions every potential lender asks, and five critical elements a banker reviews in a loan package

The meeting begins with networking during lunch, followed by the topic discussion. Lunch is included in the cost, which is \$20 per person for members. Guests and unaffiliated small-business owners pay \$30 per person.

Space is limited and online RSVP is required. To register, visit http://fsbdcswfl.

wordpress.com/sbrn-lunch-series/. The deadline for registration is Wednesday, October

FGCU Receives Entrepreneur Grant

he Institute for Entrepreneurship at Florida Gulf Coast University (FGCU) received a grant from the Richard M. Schulze Family Foundation in the amount of \$40,000 to contribute toward the Veterans Florida Entrepreneurship Program (VFEP). FGCU is the Southwest Florida chapter host of the VFEP, which will begin again in January 2017. The Institute for Entrepreneurship is located in the Lutgert College of Business at FGCU. Following the 2017 upcoming FGCU

Veterans Florida Entrepreneurship Program, the Institute for Entrepreneurship will distribute the money to the top four to eight veteran business plans from the program, supported by the grant awarded by the Schulze Family Foundation. Outside judging will be used to make the final

determination. The Veterans will use the funds for items necessary to launch their businesses. A strong network of FGCU faculty, staff, mentors, and judges are all dedicated to the veterans' entrepreneurial success.
"The Institute for Entrepreneurship

is delighted that the Schulze Family Foundation has selected them as a recipient of their grant," said Sandra Kauanui, director, Institute for Entrepreneurship. This will help the next generation of U.S. entrepreneurs experience better chances of success."

The Veterans Florida Entrepreneurship Program is a tuition-free hybrid course offered to all veterans in Florida interested in starting a business. The 15-week course gives instruction in the nationally recognized Lean Startup method. FGCU and the Institute for Entrepreneurship will host the Southwest Florida chapter of the program, alongside other network partners including University of West Florida, University of North Florida, Hillsborough Community College and

Florida Atlantic University. FGCU faculty, staff and mentors from the local community facilitate and assist each veteran in starting, growing or revamping their businesses. Veterans' business

ideas can include products, services or nonprofit sector. For more information, visit www.veteransflorida.org/veterans/ veterans-florida-entrepreneurship-program. Registration will be available soon.



deaRPharmacist

Fat Supplement That Helps You



by Suzy Cohen, RPh

ear Readers: Fat gets a bad rap! The word "fat" is associated with negative things, but the only real toxic fat is the "visceral" fat that surrounds and strangles your precious organs. It's

that kind of fat that is dangerous. From now on, I want you to think of certain fats as a good thing and as life-sustaining. The best organs in your body are made of fats like your heart, your brain, pancreas, liver and your omentum (which is the fat that insulates your intestines). By the way, your omentum surrounding your gut contains all kinds of neurotransmitters, similar to those in your brain. That's part of the reason why people who take benzodiazepines and opiate pain killers have so many problems related to their digestion.

Anyway, the fat-based supplements I'm referring to today are fish oils, and more specifically DHA, a part of fish oils. If you

read the back of your label, you'll see DHA listed on your fish oil supplement, but it's usually in a smaller amount to the EPA.

I love fish oil supplements – both constituents EPA and DHA. In particular, DHA is food for your brain. DHA is something you got from mom through breast milk. This is something that breastfed babies get from nursing, and it

gives them a great head start.

If you didn't get DHA through breast feeding as an infant, it's okay to start now. Better late than never because DHA is brain food, literally. Your brain's cerebral cortex is composed of 20 percent fatty acids. Important research on DHA has shown it supports structural integrity of your central nervous system which then supports a healthy mood and emotional well-being.

Do you feel like you used to be smarter? DHA helps maintain cellular fluidity, which supports our memory and thinking patterns. Might help you keep track of your cell phone a little better.

DHA is a fat and so are your eyes. Could it help with vision and dryness of the eye? Yes, in my opinion. Studies on kids with low DHA levels show poor reading scores as well as behavioral problems. Low DHA in children aged 7 through 9 were associated with reading and comprehension that was below average, as well as behavioral issues. Makes you wonder about the rampant use of ADHD

medications!

Get this! Your body has a mechanism in place such that you can think about what you want to do and then do it. You think, "I want to get that pot from the cabinet and cook tea" and then, without a thought, your arm reaches into the cabinet and you begin cooking. Omega 3 fatty acids (high DHA) supplementation has been shown to support healthy motor control by affecting the part of the brain called the cerebral cortex which oversees voluntary movements like this. DHA is one of my favorite supplements, and it's sold at healthfood stores nationwide.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.\\$

City Council Supports Youth Programs

t a September 22 special meeting, Fort Myers City council voted on a budget that will allow the STARS (Success Through Academic and Recreational Support) program to serve at capacity for 200 children, extending swimming pool hours for lessons, lifeguard training and open swims, and providing youngsters with performing arts classes.

This will require agreements with the Lee County School district and the Sidney & Berne Davis Art Center.

City Manager Saeed Kazemi explained to Mayor Randall P. Henderson Jr. and council members that the city will partner with the school district, who will provide volunteers and transportation to assist the program. In a separate agreement, the Sidney & Berne Davis Art Center will offer art classes to children attending STARS and the Quality Life Center of Fort

Due to this cooperative effort, the city's budget allocation for the Quality of Life Center will not be compromised, and more children in the community will be served.

"The City Council has expressed their commitment to the young people of our community who are our future," said Henderson. "We are grateful to all organizations who are coming together to do what they can for our youth with afterschool programs, volunteerism and offering help with homework, athletics and fostering an appreciation for the

Doctor and Dietician (part 1)

Improve Libido, Sexual Function **Naturally**





by Ross Hauser, MD and Marion Hauser, MS, RD

ommercials about prescription drugs that increase sex drive and intimacy for midlife relationships are abundant. These drugs come with potential side effects, so we encourage a more natural way to increase libido and sexual function based on eating the proper nutrients found in foods! The following is a list of nutrients that affect sexual function and good food sources:

- Vitamin A plays an essential role in reproduction. Sources include sweet potatoes, carrots, kale, mangos, spinach, papaya, red bell peppers and broccoli.
- Vitamins B-1 thiamin, B-2 riboflavin, B-3 niacin are needed for a healthy sex drive and energy. Sources include whole grains, asparagus, raw nuts, bananas, broccoli and lean meats.
- Vitamins B-5, B-6, B-12 fight stress and balance hormone levels. B6

increases fertility in women and B12 helps men with low sperm counts. Sources include eggs, soy products, salmon and fish.

- Vitamin C keeps various sex glands healthy. It keeps sperm strong by protecting them against free radicals that make them cling together, and may improve the sperm's chances of fertilizing an egg. Sources include citrus fruits, strawberries, kiwifruit, peaches, mangoes, tomatoes and dark green vegetables.
- Vitamin E aids sex hormone production, improves circulation, and helps in conception. Sources include nuts, seeds, beans, whole grains, fruits and vegetables.
- Niacin dilates blood vessels, creates blood flow and helps synthesize sex hormones. Sources include fish, lean meats, peas and beans.
- Folic Acid improves fertility, increases sperm count and may also prevent birth defects. Sources include dark green leafy vegetables, nuts and seeds, oranges, grapefruit, meats, poultry, fortified cereals and enriched whole grain products.

 Selenium increases sperm count in men with low sperm count and minimizes the risk of birth defects. Sources include red meat, tuna, chicken, enriched pasta and whole grain breads.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at

Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a twogenerational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am an older business woman working in a very stressful business. All of the women and some of the men realize that a youthful appearance is a must, so we all try our very best - surgery, skincare exercise, clothing, etc., etc.

What baffles me is how can you keep your age a secret when you are always asked for your birth date and/or driver's license? Where I live, this is your identification - sometimes even in the grocery store.

Nothing seems to be private any more. Privacy seems to be a thing of the past and our birthdate is how we are judged. How do you suggest I get around giving this information?

Dear Vera,

Protect your private information as much as you can. If someone asks to see your license, ask why. A cell phone company required copying my license for the two-year contract. I asked why and the staff member said it was "policy." I told them they could look at my license and verify my name and address but not copy it. I also told them that if that was not enough, I would take my business elsewhere. Apparently, that was good enough for them... they did not copy my license and they got my business.

And, apparently, so many people complained that it is no longer their policy. A friend of mine will not allow any clerk to look at her license when writing a check... she writes her license number on the check herself. Another friend will show her license but hold it in a way to cover up her birth date.

I believe everyone has the right to protect their privacy, and in this day and agem it is a necessity.

Dear Vera,

You are absolutely right; privacy seems to be a thing of the past in our modern society. Some cultures keep private information private and residents have to fight to get the information, but here we all must fight to keep our private information private and it is becoming a losing battle in most areas.

Pryce has given you some suggestions. Otherwise, just keep up your routine. Good health gives an air of youthful enthusiasm and you seem to be on the right track. Best of luck.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\$

Vera

PETS OF THE WEEK

ello, my name is Bourbon. I'm a 6-year-old male hound mix. There is a long list of great things to say about this dog: he is very well-behaved, walks well on a leash and enjoys the company of people and other dogs, especially in play groups. Bourbon is a gentle giant with a gentle heart that will melt yours.

My adoption fee is \$25 (senior citizens can adopt senior pets for free).

Hello, my name is Layla. I'm a 12-year-old spayed female domestic short hair senior who would like a nice quiet home where I can spend my golden years. I'm very easy-going and enjoy the company of other cats. If you would enjoy a calm companion, I would be perfect!

My adoption fee is \$25 (senior citizens can adopt senior pets for free)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆



Bourbon ID# 674398



Layla ID# 674891

PAWS Of Sanibel

Scrappy

Scrappy is a senior citizen Puggle looking for a new home. He is a cross between a beagle and a pug, so he would make a great little lap dog. Sadly, his owner is retiring and relocating to a spot that will not welcome Scrappy. He is great with kids and pets and all people.

Call PAWS of Sanibel at 980-1234 to

adopt Scrappy.



Scrappy

Roper

Roper is a Lab/pointer mix who needs a home. He is a young guy, just 18-months-old. You will love his sweet nature and he will surely be forever grateful to you if you can give him a new home.

If you can adopt Roper, call Yolanda at 691-4488.



Roper

| Emergency. FROM THE BEACHES TO DOWNTOWN FORT MYERS Lee County Sheriff's Office | |
|--|--|
| Emergency. FROM THE BEACHES TO DOWNTOWN FORT MYERS | 911 |
| Lee County Sheriff's Office | 477-1200 |
| Florida Marine Patrol | 332-6966 |
| Florida Highway Patrol. Poison Control | 1 900 292 2171 |
| HealthPark Medical Center1 | |
| Ft. Myers Chamber of Commerce | 332-3624 |
| Foundation for Quality Childcare | 425-2685 |
| Fort Myers Beach Chamber of CommerceFort Myers Beach Library | 463-9691 |
| Lakes Regional Library | 533-4000 |
| Lee County Chamber of Commerce | 931-0931 |
| Post OfficeVisitor & Convention Bureau | 1-800-275-8777 |
| ARTS | |
| Alliance for the Arts | |
| Arts For ACT Gallery & Studio | 337-5050 |
| Art League Of Fort Myers | 481-4849 |
| BIG ARTS | 395-0900 |
| Broadway Palm Dinner Theatre | 278-4422 |
| Cultural Park Theatre | 334-2000 |
| Florida Repertory Theatre at the Arcade | 332-4488 |
| Florida West Arts | 948-4427 |
| Fort Myers Symphonic Mastersingers | 288-2535 |
| Gulf Coast Sýmphony | 481-8059 |
| Naples Philharmonic | 239-597-1111 |
| The Schoolhouse Theater | 472-6862 |
| SW Florida SymphonyTheatre Conspiracy | 036-3230 |
| Young Artists Awards | 574-9321 |
| CLUBS & ORGANIZATIONS Angel Flight | |
| Angel Flight | 3//-4AN-ANGEL 731-3535 |
| American Business Women Association | 357-6755 |
| Audubon of SWFL | 339-8046 |
| Audubon Society | 482-1366 |
| Caloosahatchee Folk Society | 321-4620 |
| Cape Chorale Barbershop Chorus | 1-855-425-3631 |
| Cape Coral Stamp ClubduPont Company Retirees | |
| Edison Porcelain Artists | |
| Embroiderers Guild of America - Sea Grape Chapter | 239-267-1990 |
| FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL | 3cy728-3743 |
| Garden Club of Cape Coral | 239-257-2654 |
| Horticulture and Tea Society | 472-8334 |
| Horticultural Society | 540 0625 |
| Lee Trust for Historic Preservation | 939-7278 |
| NARFE(National Active & Retired Federal Employees | 482-6713 |
| Navy Seabees Veterans of America | |
| Sons of Confederate Veterans | 332-2408 |
| Southwest Florida Fencing Academy | |
| Southwest Florida Music Association | 561-2118 |
| | 254 or 454-8090 |
| Fort Myers Beach765-4 Fort Myers Edison | 694-1056 |
| Fort Myers South | |
| lona-McGregor | 482-0869 |
| Lions Clubs: | |
| Fort Myers Beach. Fort Myers High Noon | |
| Estero/South Fort Myers | |
| Notre Dame Club of Lee County | 768-0417 |
| Organ Transplant Recipients of SW FloridaPOLO Club of Lee County | 247-3073 |
| Rotary Club of Fort Myers | 332-8158 |
| Sanibel-Captiva Orchid Society | |
| United Way of Lee County | 433-2000 |
| ARFA ATTRACTIONS | |
| Bailey-Matthews Shell Museum | 395-2233 |
| Burrough's Home | |
| Edison & Ford Winter Estates | |
| Fort Myers Skate Park | 321-7558 |
| Imaginarium Hands-On Museum & Aquarium | 321-7420 472-1100 |
| Koreshan State Historic Site | |
| Langford Kingston Home | |
| Ostoro Dou Foundation Marine Calego Contain | . 239-334-2550 |
| Ostego Bay Foundation Marine Science Center | . 239-334-2550 |
| Ostego Bay Foundation Marine Science Center | . 239-334-2550 765-8101 321-7510 939-4044 |
| Ostego Bay Foundation Marine Science Center SkatiumSouthwest Florida Historical SocietySouthwest Florida Museum of History | . 239-334-2550 765-8101 321-7510 939-4044 321-7430 |
| Ostego Bay Foundation Marine Science Center | . 239-334-2550 765-8101 321-7510 939-4044 321-7430 |

PUZZLES

I WILL NOT BE **Super** Crossword **A PART OF THIS!**

ACROSS 46 Beef cattle 78 "Yankee-**DOWN** 33 Suffix with 75 1970s label 1 "Do Ya" rock 1 School, in with back ography" shepherd of Elton John 35 Glue brand 76 Gridiron Soissons humps cable gp. 2 "C'est Moi" 6 Paquin of "Xgain 77 Bit of sand 47 Musical mix channel 37 Don't budge 83 Wife on "The Men" 51 Tony winner musical 39 Superior to 40 People 10 Mascara 3 Late Hagen Sopranos" 79 Coax 84 19th-century enhances it 52 Rubble of 4 Celebrity fighting los 80 Largest 14 Impertinent Bedrock chef Emeril city in the stage toros 53 Upscale 41 They're 19 Volcano 5 That, to Juan actress Cornhusker German ride Charlotte emissions 6 Attached between 20 Tackiness 56 Dawn 85 Part of UAR 7 U.S.-Canada "Alt" keys 81 Grapples, in **57** Tic — (wee 86 Property 42 Faded, as an 22 Spanish for air-watch the sticks mint) liquidations 82 Chess "milk" org. 8 0% of the emotion 23 Letter after 58 Correct, as 94 Dawn's **43** 24 images piece: phi, chi, psi direction group **9** Pianist Abbr. text per second, **95** Gene 59 Not exciting 24 Person in a for most 87 "Be silent," sit-in, say 60 Seizes material Rubinstein films musically **25** Skin **61** Summoned 96 Span 10 Hair removal 44 Goodbyes 88 Ghana's 97 "Say what?" soothers by invitation tool 47 Volcanic largest city 89 Glove part 26 Period to 62 Like grass at 11 Fall flower sounds rock **98** Terre – 12 Singer material remember dawn, often 90 Wyatt 27 "The Matrix" 63 Quench 100 Elec. flow Winwood 48 Greek coins of the 49 Sipped, say 64 Old hi-fi 13 Old "Tonight Wild West star in power supplies 29 - healthy format Show" intro 50 Gray wolf 91 "Git!" 65 Bigwig **101** Allan-14 Ga. neighbor 53 Siren sound 92 Corn pace 30 It made the — ("Robin 15 Puts a new 54 Constructor pancake of **66** "— you sleeping?" Hood" Ciera, briefly tag on 55 Spelt, e.g. Colombia 31 Being hauled **67** National minstrel) **16** Subspecies 59 Spill 93 Solitary soul to the station Mall's 103 Stared at adapted to secrets 98 "- so? 61 Long bicycle 99 Masthead 32 Unit of vicinity lecherously a particular 68 Question 104 Class binary digits habitat saddles **VIPs** 17 Sword cases 63 Actors Baio 101 "Which 34 2004-12 **69** Tiiuana writing assignment Fox medical wife **18** "... — my and Bakula is longer, — B?" brother" 65 Taunting 70 - Mart drama **105** ESPN 21 Prefix with 102 Body part 36 St. -(retail titan) baseball type 67 He created University 71 Redford with analyst 32-Across that's a (Philadelphia many roles 27 Campfire Whoville homophone Buster 69 Dark purple school) 72 Butcher knife 106 Plants often of the vowel spiritual 38 Girders, 73 After a extirpated that is totally sona fruit **107** Spear 28 Raided 72 Fought absent from often lenathy 42 Very easy delay 108 Pietà mother 30 Cries of against this puzzle's 45 Zany 75 "Heavens!" 109 Della of song insight 74 Lineage answer T17 13 10 111 16 20 22 19 23 24 25 26 29 31 32 34 36 38 39 | 40 41 42 43 44 46 48 49 50 51 52 53 | 54 57 56 58 60 62 64 66 68 70 73 74 78 80 81 83 84 85 86 89 90 91 94 95 96 97 103 104 105 106 107 108 109

King Crossword

16

33

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54

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45

55

58

number

Meadow

streaming

42 Postal codes

for short

43 Reed instru-

Dressed

ment

video

41 Biz abbr

21

30

ACROSS

- Ice cream flavor, for short
- Greek mountain

15

18

53

52

- Raced
- Head light?
- Sister 13 14 Superhero
- garb Řight angles
- 16 Powerful stick
- Vicinity 17
- 18 Like some desserts 20 Mideast
- nation 22 "- the fields
- we go" Skillet
- Energizes, with "up"
- Geometric curve
- 32 401(k) alter-
- native
- Charged bit
- 35 Type of parking
- 38 39 100 square
- 40 Lemieux
- milieu Horoscope
- illustration
- Wine glass
- 49 Egyptian bird

- "Arrivederci" 53 Take a stance 54 Past 55 Roundish do
- Leave unpaid 56 Spotted 57 Announcer

50 Floral garland

- Pardo 58 Dissolve
- Ceraceous DOWN
- meters 1 Restaurant employee
 - Corridor podrida Universe
 - Worldwide crimefighting

- 31 Whatever aroup Press for payment Out of bed Opposed
- Sacred beetle 38 Source of Irrational dis-9 trust
- 10 Duel tool 11 Bargain
- 19 Fxist 21 Hot tub 24 Spot on a die
- 25 Geological period 26
 - Biography Eden Count coun-Dumbfound Faith

28 terpart Hit the horn 30 Bagel topping 51 Id partner

MAGIC MAZE ● BURNING —

NIEBYVROLILFCZW T O N(A M B N)K I I ZWUTRPINVMJ H E CXUSTHMOESON S L J ECZHRIXUVIE TRPHETERSEGDCAYW SMARSDRP ENLK TEOEITCBZXNW UUSARPRHSUBOWIM O L J K I B G F E E D O B A A YXWEUTLIOSDOPPO

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Ambition Desire At the stake Down Bridges Heat Bush Inside

Issue Love Of Rome Oil

Pain Question Thirst

SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! Check PICSENT Dissent LAINED Refuse SWEAT Expert TAPED "My wife and I have an excellent relationship — she communicates and I ______!" answer on page 29

| 7 | | | | | 6 | 1 | | |
|---|---|---|---|---|---|---|---|---|
| | | 9 | | 1 | | | 4 | |
| 5 | | | 8 | | | | | 2 |
| | 6 | | | | 9 | | | 5 |
| | | 2 | | 4 | | | 8 | |
| 3 | | | 5 | | | 2 | | |
| | | 3 | | | 4 | | 9 | |
| | 7 | | 1 | | | 6 | | |
| 4 | | | | 5 | | | | 7 |

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

HOCUS-FOCUS HENRY BOLTINOFF OLEXPRESS O S O

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hat is reversed. 2. Car body is different. 3. Arm is moved. 4. Number is different. 5. Pocketbook is missing. 6. Book is moved.

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Snapper Tandoori

- 1 tablespoon fresh ginger, chopped
- 4 cloves garlic
- 1/3 cup vinegar

Salt to taste

- 1 tablespoon ground coriander seeds
- 1 tablespoon ground cumin seeds
- 1 teaspoon ground cayenne pepper
- ½ cup olive oil
- 4 six-ounce snapper fillets Chutney

In a blender, combine ginger, garlic, vinegar, salt, coriander, cumin, cayenne and oil together to form a fine paste. Spread paste over fillets; marinate for 1 to 2 hours in the refrigerator. Pre-heat the broiler on highest heat. Place the marinated fillets on a foil lined broiling pan; broil for about 8 to 10 minutes or until fish flakes easily with a fork. Serve with your favorite chutney.

Yield: 4 servings.☆



Snapper Tandoori photo courtesy Fresh From Florida

Share your community news with us email: press@riverweekly.com

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CONTRACTOR



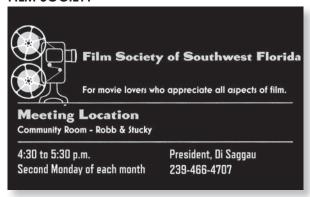
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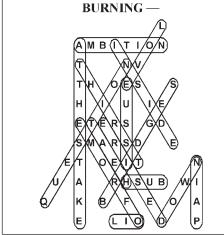
PUZZLE ANSWERS

SUPER CROSSWORD A N N A L A S H F R E S H P O O R T A S T E L E C H E P R O T E S T E R A L O E S OMEGA MYGOODNESS TERMPAPER

KING CROSSWORD

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| Р | Ε | Р | S | | Р | Α | R | Α | В | 0 | L | Α |
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| Р | Α | R | Α | L | L | Ε | L | | W | Α | Χ | Υ |
| | | Α | R | Ε | | | Τ | С | Ε | | | |
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| | В | Ī | S | | L | Ε | Ι | | С | Ī | Α | 0 |
| Р | 0 | S | Е | | Α | G | 0 | | Α | F | R | 0 |
| S | Е | E | Ν | | D | 0 | N | | М | Е | L | T |

MAGIC MAZE



SUDOKU

| 7 | 2 | 8 | 4 | 9 | 6 | 1 | 5 | 3 |
|---|---|---|---|---|---|---|---|---|
| 6 | 3 | 9 | 2 | 1 | 5 | 7 | 4 | 8 |
| 5 | 4 | 1 | 8 | 7 | 3 | 9 | 6 | 2 |
| 8 | 6 | 7 | 3 | 2 | 9 | 4 | 1 | 5 |
| 1 | 5 | 2 | 6 | 4 | 7 | 3 | 8 | 9 |
| 3 | 9 | 4 | 5 | 8 | 1 | 2 | 7 | 6 |
| 2 | 8 | 3 | 7 | 6 | 4 | 5 | 9 | 1 |
| 9 | 7 | 5 | 1 | 3 | 8 | 6 | 2 | 4 |
| 4 | 1 | 6 | 9 | 5 | 2 | 8 | 3 | 7 |

My Stars ★★★★

FOR WEEK OF OCTOBER 17, 2016

ARIES (March 21 to April 19) You're moving from a relatively stable situation to one that appears to be laced with perplexity. Be patient. You'll eventually get answers to help clear up the confusion around you.

TAURUS (April 20 to May 20) A vexing situation tempts you to rush to set it all straight. But it's best to let things sort themselves out so that you can get a better picture of the challenge you're facing.

GEMINI (May 21 to June 20) Financial matters could create some confusion, especially with a torrent of advice pouring in from several sources. Resist acting on emotion and wait for the facts to emerge.

CANCER (June 21 to July 22) That goal you've set is still in sight and is still in reach. Stay with the course that you're on. Making too many shifts in direction now could create

another set of problems.

LEO (July 23 to August 22) It might be time to confront a trouble-making associate and demand some answers. But be prepared for some surprises that could lead you to make a change in some long-standing plans.

VIRGO (August 23 to September 22) Congratulations. You're making great progress in sorting out all that confusion that kept you from making those important decisions. You're on your way now.

LIBRA (September 23 to October 22) A difficult experience begins to ease. That's the good news. The not-so-good news is a possible complication that could prolong the problem awhile longer.

SCORPIO (October 23 to November 21) Your self-confidence gets a much-needed big boost as you start to unsnarl that knotty financial problem. Expect some help from a surprising source.

SAGITTARIUS (November 22 to December 21) Congratulations. Any lingering negative aftereffects from that not-so-pleasant workplace situation are all but gone. It's time now to focus on the positive.

CAPRICORN (December 22 to January 19) Your self-confidence grows stronger as you continue to take more control of your life. Arrange for some well-earned fun and relaxation with someone special.

AQUARIUS (January 20 to February 18) As usual, you've been concerned more about the needs of others than your own. You

need to take time for yourself so that you can

replenish all that spent energy. **PISCES** (February 19 to March 20) Stronger planetary influences indicate a growing presence of people eager to help you navigate through the rough seas that might mark your career course.

BORN THIS WEEK: You can balance emotion and logic, which gives you the ability to make choices that are more likely than not to prove successful.

THIS WEEK IN HISTORY

- On Oct. 23, 42 B.C., Marcus Brutus, a leading conspirator in the assassination of Julius Caesar, commits suicide after his defeat at the second battle of Philippi. Caesar's assassination had plunged the Roman world into civil war.
- On Oct. 19, 1781, hopelessly trapped at Yorktown, Virginia, British Gen. Lord Cornwallis surrenders, effectively bringing an end to the American Revolution. Pleading illness, he did not attend the surrender ceremony
- On Oct. 21, 1797, the USS Constitution, a 44-gun U.S. Navy frigate built to fight Barbary pirates off the coast of Tripoli, is launched in Boston Harbor. The Constitution would later win its enduring nickname "Old Ironsides" after shots merely bounced off her sides, as if the ship were made of iron rather than wood.
- On Oct. 18, 1898, one year after Spain granted Puerto Rico self-rule, American troops raise the U.S. flag over the Caribbean nation. The U.S. granted full U.S. citizenship to Puerto Ricans in 1917.
- On Oct. 20, 1947, the notorious Red Scare kicks into high gear in Washington, as a Congressional committee begins investigating Communist influence in Hollywood. Pressured by Congress, the Hollywood establishment started a blacklist policy, banning the work of about 325
- screenwriters, actors and directors.

 On Oct. 17, 1973, the Arab-dominated Organization of Petroleum Exporting Countries (OPEC) announces it will cut oil exports to the United States and other nations that provided military aid to Israel. In December, a full oil embargo was imposed against the U.S. The oil cartel was founded in Baghdad in 1960 by Saudi Arabia, Iran, Iraq, Kuwait and Venezuela.
- On Oct. 22, 1992, Red Barber, the legendary announcer for the Brooklyn

Dodgers, dies. Barber's baseball broadcasting career began with the Cincinnati Reds in 1934, when the 26-year-old announcer called the first major-league game he had ever seen.

STRANGE BUT TRUE

- It was farmer and author Wendell Berry who made the following sage observation: "Do unto those downstream as you would have those upstream do unto you.
- Those who study such things say that size does matter - at least to proboscis monkeys. It seems that among these primates, females show a significant preference for males with larger noses.
- If you've ever been to a major sporting event, or even watched one on TV, you've seen costumed characters representing schools and sports teams. However, unless you've been to Japan, you don't understand mascots' true potential. There, the mascot industrial complex is so large that in 2015, the Finance Ministry launched a campaign to reduce spending by cutting the number of unnecessary mascots in the country. According to one estimate, there are 10,000 mascots employed by the government alone. Some examples: Prince Pickles and Princess Parsley represent the Defense Ministry; Wakayama Prison is represented by Waka-P. a bright orange creature with a huge head; and Toilet-kun, who has a toilet-seat lid for a face, is the mascot for City of Yokohama's waste recycling bureau.
- \bullet Have you ever wondered why the green room - the waiting area just offstage where actors stand-by before and after stage appearances -- is green? Well, evidently it's believed that the color green is soothing to eyes that have been exposed to the glare of
- The game of billiards first appeared in the New World in St. Augustine, Florida, the oldest continuously occupied European settlement in the contiguous United States. It was in 1565 that Spanish explorers started playing the game here.
- Rabbits are well-known as magicians' preferred animal when performing, but have you ever wondered why? It's because rabbits tend to stay calm and quiet when handled rather than becoming agitated and noisy.

THOUGHT FOR THE DAY

"Contentment is, after all, simply refined indolence." -- Thomas Chandler Haliburton

SCRAMBLERS

solution

- 1. Inspect; 2. Denial;
 - 3. Waste; 4. Adept

Today's Word

LISTEN

TRIVIA TEST

- 1. Movies: What two movies were the highest-grossing films of all time worldwide?
- Literature: Which one of Shakespeare's plays features the character of Shulock?
- Anatomy: In which part of the human body is the stirrup bone located?
- 4. Astronomy: What is the seventh planet from the Sun in our solar
- Entertainers: In what year did singer Elvis Presley die?
- 6. General Knowledge: What is the traditional birthstone associated with November?
- 7. Mythology: Who was the first female deity, according to Greek mythology?
- Music: Mark Knopfler is best known as lead singer of what rock group?
- Geography: What U.S. state is closest to Russia?
- 10. Anthropology: What is Lascaux site in southern France famous for?

TRIVIA ANSWERS

10. Ancient cave paintings 4. Uranus 5. 1977 6. Topaz or citrine 7. Gaia 8. Dire Straits 9. Alaska Merchant of Venice" 3. The ear I. I. "Avatar" and "Titanic" 2. "The

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**NS 10/14 CC TFN

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ANNUAL RENTALS

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#RS 10/14 BM TFN

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LOAN NEEDED

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**NS 7/22 CC TFN

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**RS 9/30 CC TFN

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**NS 10/7 CC 10/28

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**RS 67 CC TFN

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**NS 9/23 CC 10/14

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**NS 9/23 CC 10/14

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**NS 10/7 CC 10/14

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**NS 9/30 CC 10/7

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**NS 9/23 CC 10/14

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Free Feral Cat Surgery

he Gulf Coast Humane Society (GCHS) will host Free Feral Cat Surgery Day on Sunday, October 16 at their spay/neuter clinic, 2010 Arcadia Street in Fort Myers.

Five free surgeries will be available per colony or trapper on a first-come, first-serve basis, with up to 40 surgeries that day. The price for one cat normally is \$35.

Free Feral Cat Surgery Day is appointment only by calling 332-1573. Walk-ins will not be accepted. All feral cats must be brought in a humane trap, not carriers. All cats must spend the night and be picked up the next day at 7:30 a.m.

Trap-Neuter-Return (TNR) is a humane and effective solution to stabilizing the feral

cat population. It improves the lives of the cats and is a real benefit to the community. said Jennifer Galloway, executive director at

In addition to spaying or neutering, the clinic will give cats in this program a rabies vaccine. In order to easily identify that these cats are spayed or neutered, a small, green tattoo will be placed near the incision area and a small portion of the left ear will be painlessly removed, a procedure called ear

We urge the community to step up and be advocates for the feral cats in their neighborhoods. TNR is more than just saving today's cats. It's also saving the lives that may end up in shelters at future dates," said Melanie Waite, Spay/Neuter Clinic manager.

For more information, visit gulfcoasthumanesociety.org.☆

bocci, snag golf, corn hole, bounce houses, an obstacle course, face painting, and arts and crafts will also be onsite. Blankets and chairs are permitted, but no coolers.

Admission is free, but attendees should bring cash to sample the restaurants' offerings and for drink tickets. For more information, email office@rotary-fortmyers.org or call

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. 以

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that Russell once suffered from a mental breakdown, which he is all set to use. Then Russell comes across some incriminating evidence about Cantwell and the mud slinging really begins. Joann Haley plays Russell's estranged wife, Alice, with keen intelligence and dry wit. Long jaded by politics, she has quietly come to terms with what's expected of her as a candidate's spouse. Gerrie Benzing is Mabel Cantrell, an attractive and uberambitious wife. The two women are exact

There are equally strong supporting performances from Scott Carpenter and Jack Weld at political aides, Nancy Antonio as the moneyed dowager who schools the candidates on tailoring their positions to women, and Mike Dinko as a man whose arrival at the convention threatens to derail one candidate's campaign.

The Best Man is a sophisticated, entertaining play directed by Rick Sebastian, who keeps a tight rein on the proceedings, yet moves the action at a strong and deliberate pace toward the climactic ending. The play runs through October 29 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, go to www. laboratorytheaterflorida.com or call 218-0481.袋

Italian Fest

he most important Italian phrase one can learn is "Andiamo a mangiare," which means, "let's go eat."

Be sure to practice this in advance of the 8th annual Italian Fest on Sunday, October 23 from 11 a.m. until 5 p.m. at the Lee County Alliance for the Arts.

Presented by the Rotary Club of Fort Myers, the festival provides an opportunity to celebrate one of America's favorite cuisine flavors and support the Harry Chapin Food Bank of Southwest Florida and the Rotary Club of Fort Myers Trust.

There will be live music, cultural experiences and enough food to make any Italian grandmother proud, served up by Southwest Florida favorites like Bruno's of Bellacino's Pizza & Grinders, LaMotta's, Little Pete's Food Truck, Mario's and Pizza Fusion.

"Enjoying friends, family and food on the beautiful grounds of the Alliance for the Arts is a tradition we are proud to continue," said Rotary Club of Fort Myers President Victoria Stephan. "This celebration of plenty is the perfect time to also help neighbors who have fallen on tough times in partnership with Harry Chapin Food Bank, which has such a powerful reach in our community.

The famous, and sometimes messy spaghetti-eating contest will be back for both children and adults. In addition to the food, a full lineup of entertainment runs from 11 a.m. until 5 p.m., including 12-year-old singing sensation Abigail Fletcher, Accordion Classic, A Moment in Time with Robert Gonnelli and Creative Arts Dancers. Family activities like

HORTOONS



Top 10 Real Estate Sales

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|-------------------------|------------------|------------|----------------|---------------|---------------|----------------|
| Development | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
| Gulf Heights | Fort Myers Beach | 1952 | 788 | \$999,700 | \$970,000 | 355 |
| Edgewater | Fort Myers | 2005 | 2,638 | \$799,000 | \$735,000 | 63 |
| No Subdivision | St. James City | 1979 | 1,949 | \$675,000 | \$625,000 | 714 |
| Harborage | Fort Myers | 1994 | 2,070 | \$649,900 | \$625,000 | 56 |
| Cape Coral | Cape Coral | 2003 | 2,216 | \$599,000 | \$580,000 | 248 |
| Hampton Greens | Fort Myers | 2001 | 3,222 | \$589,900 | \$550,000 | 34 |
| Bonita Isles | Bonita Springs | 2013 | 2,080 | \$529,000 | \$515,000 | 13 |
| Cape Royal | Cape Coral | 2006 | 2,776 | \$499,999 | \$490,000 | 3 |
| Dunes At Sanibel Island | Sanibel | 1977 | 1,481 | \$499,994 | \$444,500 | 105 |
| Herons Glen | North Fort Myers | 2004 | 2,373 | \$499,900 | \$425,000 | 56 |

